

YMCA of Hong Kong Christian College



NAME:

CLASS:

CLASS NUMBER:

STUDENT NUMBER:

HOUSE:

CLASS TEACHER(S);

Content

My Targets	1
My School	6
My Teachers	16
My Wellbeing	24
My Conduct	27
My Activities	44
My Learning	51
My Reading	66
My Schedule	72
Timetable	73
Yearly Calendar	77
Monthly and Weekly Schedule	79

My Targets

SMART Target Setting – (For F.1 - F.3)

Set yourself three targets to achieve before the end of this year and review them at regular time intervals. Discuss your progress with your class teachers and subject teachers. Your targets should be ...

S pecific	Measurable	A chievable	Realistic	T ime related
Category		Target		Thing(s) I need to do to achieve this target
Academic	1.			
Academic	2.			
Non-academic	3.			
Non-academic	4.			



SMART Target Setting – (For F.4 - F.6)

Set yourself three targets to achieve before the end of this semester and review them at regular time intervals. Discuss your progress with your class teachers and subject teachers. Your targets should be ...

Specific

Measurable

Achievable

Realistic

Time related

My Main Goal is

Category	Target	Thing(s) I need to do to achieve this target
Academic	1.	
Academic	2.	
Academic	3.	
Non-academic	4.	
Non-academic	5.	

SMART Target Setting – (For F.4 DSE - F.6 DSE) – cont'd

List three university? post secondary programmes you are interested in year.		
	University	Programme
1.		
2.		
3		
0.		

List three university/ post-secondary programmes you are interested in year.

Set a target grade for the public examination subjects you are taking this year.

Nature	Subject	Target Grade
	English	
Core	Language:	
	Mathematics	
	Citizenship and Social Development	
	X1:	
Elective	X2:	
	X3:	
	(Optional)	
Total Points of		
Best 5 Subjects		



Student's Signature:

Class Teachers' Signature:

My Jargets

SMART Target Setting – (For F.4 IGCSE focused) – cont'd

List the three subjects that you think you would like to take at GCE A-level after you have completed your IGCSE studies.

	Subject
1.	
2.	
3.	

Set a target grade for the public examination subjects you are taking this year.

Subject	Target Grade	Subject	Target Grade
1.		5.	
2.		6.	
3.		7.	
4.		8.	
9.			



Student's Signature:

Class Teachers' Signature:

My Jargets

SMART Target Setting – (For F.5 GCE - F.6 GCE)

List three university/ post-secondary programmes you are interested in.

	University	Programme
1.		
2.		
3.		

Set a target grade for the public examination subjects you are taking this year.

Subject	Target Grade
Block A:	
Block B:	
Block C:	
Block D: Chinese Language	



Student's Signature:

Class Teachers' Signature:

My School

School Information

School Name	: YMCA of Hong Kong Christian College 港青基信書院
School Address	: 2 Chung Yat Street, Tung Chung, Lantau 大嶼山東涌松逸街2號
Telephone No.	: 2988 8123
Fax No.	: 2988 2000
E-mail Address	: info@yhkcc.edu.hk
Website	: http://www.yhkcc.edu.hk
Sponsoring Body	: YMCA of Hong Kong 香港基督教青年會
Address	: 41 Salisbury Road, Tsimshatsui, Kowloon, Hong Kong 香港九龍尖沙嘴梳士巴利道41號

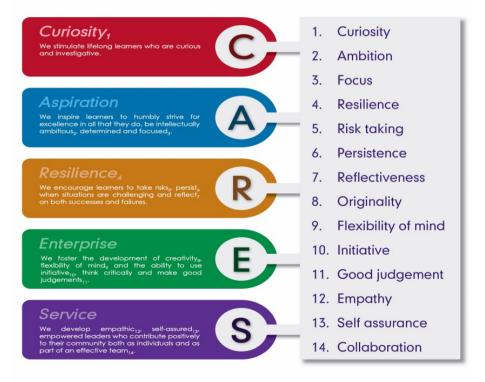
Vision and Mission

Vision

We envision our school as a learning community where quality education, based on Christian beliefs and values, is offered in a joyful and stimulating setting. We believe that the foundation of this learning community and the quality education process is based on the joint partnership among teachers, parents and students.

Mission

We are determined to develop our school based on CARES principles.



We are committed to educating and nurturing each and every student, helping them to excel in their learning and develop the 14 intellectual character dispositions in the YHKCC Learner Profile.

My School

The School Emblem, School Scripture and Motto



Meaning of the School Emblem

- In the centre is the Bible with the words of the School Motto: Fides et Virtus (Faith and Strength). The Bible has the School Scripture (John: Chapter 10, Verse 10 – I have come that they may have life, and have it to the full.) It sets forth the aims and objectives of the School to provide all-round and quality education for the young generation, that their full potential be developed and that they can enjoy their lives in abundance.
- 2. "XP" are the Greek abbreviations for the emblem of early Christianity.
- 3. The triangle stands for the trinity within the Godhead: Father, Son and Holy Spirit. It also stands for the trinity within man: the spirit, the mind and the body.
- 4. A double circle: one stands for the completeness and unity of the total of life and God's created order. The other symbolizes a wedding ring, showing friendship and love without end, among individuals.
- 5. The letters in English and Chinese are, of course, the School name.

Five Core Values

We have 5 core values which guide our school. These are:



My School

National Anthem

中華人民共和國國歌

zhong hua ren min gong he guo guo ge

義勇軍進行曲 (yi yong jun jin xing qu)

起來! 不願做奴隸的人們! qǐ lái bú yuàn zuò nú lì de rén men 把我們的血肉,築成我們新的長城! bă wŏ men de xuè ròu zhù chéng wŏ men xīn de cháng chéng 中華民族到了最危險的時候, zhōng huá mín zú dào le zuì wèi xiăn de shí hou 每個人被迫著發出最後的吼聲, měi ge rén bèi pò zhe fā chū zuì hòu de hŏu shēng 起來!起來!起來! qĭ lái qĭ lái qĭ lái 我們萬眾一心, wǒ men wàn zhòng yì xīn 冒著敵人的炮火前進, mào zhe dí rén de pào huŏ gián jìn 冒著敵人的炮火前進! mào zhe dí rén de pào huŏ qián jìn 前進!前進!進! qián jìn qián jìn jìn

School Song

VERSE:

We believe in the Spirit of Love Freely given from a power above. It's the way to truly live, A life that freely gives.

Y. H. K. C. C. We're united in diversity! Though we fall we never give in. We will rise for love will win.

CHORUS:

Abundant life is what we have together. With Love and truth we'll change our world for better. In God we shall be strong. By faith we live this song.

BRIDGE:

Arm in arm we'll walk together, Hand in hand we'll stand. Arm in arm we'll walk together, Hand in hand we'll stand.

For no harm can crush or sever What we know 'we can': We can serve like MORRISON We can serve like WILLIAMS We can serve like CHAMBERS and TAYLOR

CHORUS:

Abundant life is what we have together. With Love and truth we'll change our world for better. In God we shall be strong. By faith we live this song.

CODA:

Abundant life is what we share forever.

My School

Amazing Grace

1 Amazing grace!

How Sweet the sound, that saved a wretch like me! I once was lost, but now am found, Was blind, but now I see.

2 'Twas grace that taught my heart to fear,

And grace my fears relieved;

How precious did that grace appear

The hour I first believed!

When we've been there ten thousand years
 Bright shining as the sun.
 We've no less days to sing God's praise
 Than when we've first begun.

A Short Order of Assembly

Opening Sentences

Leader : The Lord be with you. All : And also with you.

The Lord's Prayer

Our Father in heaven, Hallowed be your Name, Your kingdom come, Your will be done, On earth as in heaven. Give us today our daily bread. Forgive us our sins As we forgive those who sin against us. Lead us not into temptation But deliver us from evil. For the kingdom, the power, And the glory are yours, Now and forever. Amen.

The Grace

The Grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all forevermore. *Amen.*

My School

School Library

In accordance with the school's core purpose, the school library aims to help students learn effectively and be equipped to succeed in life and the examinations that are often the gateway to a better future. Our library offers a diverse collection of books, multimedia resources, magazines, and digital newspapers for both leisure and academic purposes. We encourage all school community members to fully utilize our library's resources and foster strong reading habits.

Opening hours: 8:30 a.m. - 5:00 p.m. on school days

Library services and regulations:

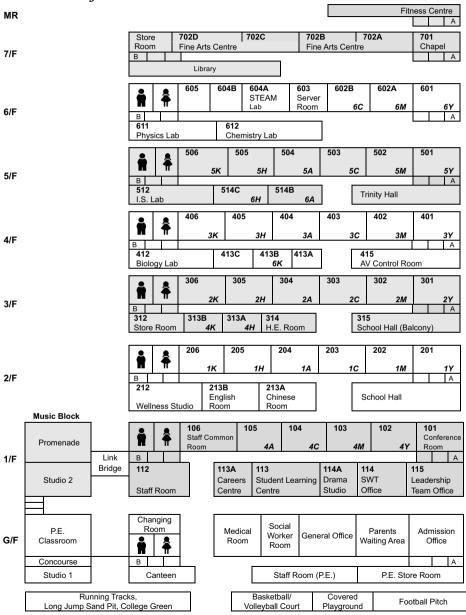
- Students may borrow five books for two weeks using their Student Card. If books have not been reserved, they can be renewed once.
- Practice papers for public examinations can be borrowed for one week only. If books have not been reserved, they can be renewed once.
- Dictionaries, reference books, e-newspapers and magazines must be read inside the library.
- For each overdue item, a fine of \$1 per day is charged, with a maximum charge of \$100.
- For each lost or damaged item, a fine equivalent to the list price of the item plus the replacement costs (20% of the list price of the lost item) is charged.
- A multi-functional copier is available for student use. Payment is \$0.5 per page for black-and-white copies and \$1.5 per page for colour copies. Students can also print in the Student Learning Centre (SLC).
- Students can search for our library collection remotely using our online catalogue, *LibraryCEO* (<u>https://www.libraryceo.com/yhkcc/opac/</u>). We also provide an app version available in the Google Play and Apple App Store.

Parent-Teacher Association

We encourage parents to play a more active role in the activities organized by the school. Every year, the PTA works hand in hand with the school in a variety of activities through which mutual support and understanding are demonstrated, e.g. International Fun Fair. It also organizes many activities for students and their parents, e.g. seminars, barbecues and outings.

My School

Floor Plan of the School



My Teachers

School Leadership Team

Principal Deputy Principal (International Curriculum) Deputy Principal (School Administration) Assistant Principal (Examinations) Assistant Principal (Student Development) Head of Local Curriculum Head of Student Wellbeing

Quality Assurance Committee

Head of QAC

Academic Departments

Head of Business & Technology Head of Chinese Deputy Head of Chinese Head of Creative Arts Head of English Head of Humanities Head of Mathematics Deputy Head of Mathematics Head of Physical Education Head of Science : Ms. Diana Lo : Mr. Andrew Higgins : Mr. Wallace Lau : Ms. Kit Ng : Mr. Isaac Chiu : Ms. Jessica Choi : Mr. Angus Yung

: Mr. Paul Wong

: Mr. Matthew Clarke : Ms. Sarah Sze : Ms. Emma Man : Ms. Patsa Heung : Mr. Chris McLaren : Mr. Eric Wong : Dr. David Dy : Ms. Serra Kim : Mr. Samuel Allen : Mr. Jonathan Yip

Student Wellbeing Team

Head of Student Wellbeing	: Mr. Angus Yung
Assistant Head of Student Wellbeing	: Ms. Vienna Chang
Form 1 Heads of Year	: Ms. Betty Choi & Mr. Nicholas Chu
Form 2 Heads of Year	: Ms. Yuko Kanna & Mr. Paul Wong
Form 3 Heads of Year	: Ms. Stephanie Ho & Mr. Evaristo Mayemba
Form 4 Head of Year	: Ms. Jacqueline Le
Form 5 Head of Year	: Mr. Paul Williams
Form 6 Head of Year	: Mr. Brian Yip

Student Support Team

Social Worker Educational Psychologist School Nurse Fee Remission & Scholarship Coordinator

Head of SEN EAL Coordinator EAL Assistant

Extra-curricular Activities and Service

Head of ECA Deputy Head of ECA Head of Community Service

Careers

Head of Careers & Higher Education	: Mr. Anders Lam
Careers & Higher Education Counsellor	: Ms. Michelle Ng

: Ms. Rovena Tse
: Mr. Rickie Hung
: Ms. Carrie Chau
: Ms. Annie Cheng
Ms. Yuko Kanna
: Ms. Iris Yau
: Ms. Benisha Fernandes
: Ms. Tracy Zhao

: Ms. Charlotte Leung : Mr. Andrew Koo

. IVII. Alluit w KOO

: Ms. Stephanie Ho

My Teachers

Administrative Staff

School Secretary Executive Officer Admissions Officer Senior Accounting Officer Accounts Clerk Communication & Marketing Manager Student Activities Officer Purchasing Officer Receptionist Laboratory Technicians

IT Officers

IT Assistant AV Technician School Nurse School Librarian : Ms. Ada Ching : Ms. Bonnie Shing : Ms. Cherry Chen : Mr. Alfon Lam : Ms. Tracy Chan : Ms. Ankie Fok : Mr. Joshua Bukowicki : Ms. BoBo Leung : Ms. Francesca Aguiatan : Mr. Chun Pong Sin Mr. Stephen Leung : Mr. Kenny Kwok Mr. Elvio Ngai : Mr. Kelvin Lo : Ms. Jenifer Chavez : Ms. Carrie Chau : Ms. Miranda Leung

Class Teacher List

Class	Class Teacher	Home- room		
Form 1				
1Y	Mr. Itsham Shahid* Ms. Tracy Zhao	201		
1M	Ms. Charmaine Leung* Mr. John Wong	202		
1C	Ms. Verna Kwong* Mr. Kevin Wong	203		
1A	Mr. Yusuf Alejo Ms. Vasti Tang*	204		
$1\mathrm{H}$	Mr. Charles Britton Ms. Joyce Puk*	205		
1K	Mr. Ringo Ma Ms. Altynai Tamerlanova	206		
Form 2				
2Y	Ms. Lovepreet Kaur* Mr. Hong Shing Lee	301		
2M	Mr. Sijan Gurung* Ms. Cris Zhang	302		
2C	Ms. Natalie Lau Mr. James Ma*	303		
2A	Mr. Murphy Meng Ms. Julia Wang*	304		
2H	Ms. Kiran Budhrani* Mr. Jimmy Sin	305		
2K	Ms. Kitty Chan* Mr. Richard Nadar	306		
Form 3				
3Y	Ms. Alison Chan Mr. Bill Chan*	401		
3M	Ms. Jacqueline Chiu Ms. Rita Cheung*	402		
3C	Mr. Jocelyn Gagnon* Ms. Melody Lo	403		
3A	Ms. Sarah Mendoza* Mr. Ryan Puk	404		
3H	Ms. Tiffany Poon* Mr. Mark Clemenson	405		
3К	Ms. Katia Dionisio* Mr. Chris Wong	406		

Form 4 4Y Mr. Herald Pedregosa 102 4M Mr. Vermouth Hung 103 4C Ms. Serra Kim 104 4A Ms. Maggie Yeung 105 4H Ms. Jennifer Fong 313A 4K Mr. Louis Joseph 313B 5Y Mrs. Dimple Deans 501 5M Ms. Emma Man 502 5C Mrs. Lisa Baczkowski 503 5A Mrs. Sarah Williams 504 5H Dr. Sanjukta Ghosh 505 5K Ms. Yvette Morin 506 5K Ms. Holly Tau 601 6M Mr. Andrew Koo 602A 6C Ms. Wendy Chow 602B 6A Ms. Annie Cheng 514B 6H Ms. Becky O'Brien 514C	Class	Class Teacher	Home- room		
4MMr. Vermouth Hung1034CMs. Serra Kim1044AMs. Maggie Yeung1054HMs. Jennifer Fong313A4KMr. Louis Joseph313BForm 55YMrs. Dimple Deans5015MMs. Emma Man5025CMrs. Lisa Baczkowski5035AMrs. Sarah Williams5045HDr. Sanjukta Ghosh5055KMs. Yvette Morin506Form 6Form 66YMs. Holly Tau6016MMr. Andrew Koo602A6CMs. Wendy Chow602B6AMs. Annie Cheng514B6HMs. Becky O'Brien514C	Form 4				
4CMs. Serra Kim1044AMs. Maggie Yeung1054HMs. Jennifer Fong313A4KMr. Louis Joseph313BForm 55YMrs. Dimple Deans5015MMs. Emma Man5025CMrs. Lisa Baczkowski5035AMrs. Sarah Williams5045HDr. Sanjukta Ghosh5055KMs. Yvette Morin506Form 66YMs. Holly Tau6016MMr. Andrew Koo602A6CMs. Wendy Chow602B6AMs. Annie Cheng514B6HMs. Becky O'Brien514C	4Y	Mr. Herald Pedregosa	102		
4AMs. Maggie Yeung1054HMs. Jennifer Fong313A4KMr. Louis Joseph313BForm 55YMrs. Dimple Deans5015MMs. Emma Man5025CMrs. Lisa Baczkowski5035AMrs. Sarah Williams5045HDr. Sanjukta Ghosh5055KMs. Yvette Morin506Form 66YMs. Holly Tau6016MMr. Andrew Koo602A6CMs. Wendy Chow602B6AMs. Annie Cheng514B6HMs. Becky O'Brien514C	4M	Mr. Vermouth Hung	103		
4HMs. Jennifer Fong313A4KMr. Louis Joseph313BForm 55YMrs. Dimple Deans5015MMs. Emma Man5025CMrs. Lisa Baczkowski5035AMrs. Sarah Williams5045HDr. Sanjukta Ghosh5055KMs. Yvette Morin506Form 66YMs. Holly Tau6016MMr. Andrew Koo602A6CMs. Wendy Chow602B6AMs. Annie Cheng514B6HMs. Becky O'Brien514C	4C	Ms. Serra Kim	104		
4KMr. Louis Joseph313BForm 55YMrs. Dimple Deans5015MMs. Emma Man5025CMrs. Lisa Baczkowski5035AMrs. Sarah Williams5045HDr. Sanjukta Ghosh5055KMs. Yvette Morin506Form 66YMs. Holly Tau6016MMr. Andrew Koo602A6CMs. Wendy Chow602B6AMs. Annie Cheng514B6HMs. Becky O'Brien514C	4A	Ms. Maggie Yeung	105		
Form 55YMrs. Dimple Deans5015MMs. Emma Man5025CMrs. Lisa Baczkowski5035AMrs. Sarah Williams5045HDr. Sanjukta Ghosh5055KMs. Yvette Morin506Form 6Form 66YMs. Holly Tau6016MMr. Andrew Koo602A6CMs. Wendy Chow602B6AMs. Annie Cheng514B6HMs. Becky O'Brien514C	$4\mathrm{H}$	Ms. Jennifer Fong	313A		
5YMrs. Dimple Deans5015MMs. Emma Man5025CMrs. Lisa Baczkowski5035AMrs. Sarah Williams5045HDr. Sanjukta Ghosh5055KMs. Yvette Morin506Form 66YMs. Holly Tau6016MMr. Andrew Koo602A6CMs. Wendy Chow602B6AMs. Annie Cheng514B6HMs. Becky O'Brien514C	4K	Mr. Louis Joseph	313B		
5MMs. Emma Man5025CMrs. Lisa Baczkowski5035AMrs. Sarah Williams5045HDr. Sanjukta Ghosh5055KMs. Yvette Morin506Form 66YMs. Holly Tau6MMr. Andrew Koo602A6CMs. Wendy Chow602B6AMs. Annie Cheng514B6HMs. Becky O'Brien514C		Form 5			
5CMrs. Lisa Baczkowski5035AMrs. Sarah Williams5045HDr. Sanjukta Ghosh5055KMs. Yvette Morin506Form 66Y6YMs. Holly Tau6016MMr. Andrew Koo602A6CMs. Wendy Chow602B6AMs. Annie Cheng514B6HMs. Becky O'Brien514C	5Y	Mrs. Dimple Deans	501		
5AMrs. Sarah Williams5045HDr. Sanjukta Ghosh5055KMs. Yvette Morin506Form 66YMs. Holly Tau6MMr. Andrew Koo602A6CMs. Wendy Chow602B6AMs. Annie Cheng514B6HMs. Becky O'Brien514C	5M	Ms. Emma Man	502		
5HDr. Sanjukta Ghosh5055KMs. Yvette Morin506Form 66Y6YMs. Holly Tau6016MMr. Andrew Koo602A6CMs. Wendy Chow602B6AMs. Annie Cheng514B6HMs. Becky O'Brien514C	5C	Mrs. Lisa Baczkowski	503		
5KMs. Yvette Morin506Form 66YMs. Holly Tau6016MMr. Andrew Koo602A6CMs. Wendy Chow602B6AMs. Annie Cheng514B6HMs. Becky O'Brien514C	5A	Mrs. Sarah Williams	504		
Form 66YMs. Holly Tau6016MMr. Andrew Koo602A6CMs. Wendy Chow602B6AMs. Annie Cheng514B6HMs. Becky O'Brien514C	5H	Dr. Sanjukta Ghosh	505		
6YMs. Holly Tau6016MMr. Andrew Koo602A6CMs. Wendy Chow602B6AMs. Annie Cheng514B6HMs. Becky O'Brien514C	5K	Ms. Yvette Morin	506		
6MMr. Andrew Koo602A6CMs. Wendy Chow602B6AMs. Annie Cheng514B6HMs. Becky O'Brien514C	Form 6				
6CMs. Wendy Chow602B6AMs. Annie Cheng514B6HMs. Becky O'Brien514C	6Y	Ms. Holly Tau	601		
6AMs. Annie Cheng514B6HMs. Becky O'Brien514C	6M	Mr. Andrew Koo	602A		
6H Ms. Becky O'Brien 514C	6C	Ms. Wendy Chow	602B		
	6A	Ms. Annie Cheng	514B		
6K Ms. Hee Jo Han 413B	6H	Ms. Becky O'Brien	514C		
	6K	Ms. Hee Jo Han	413B		

* SEQTA Contact

My Teachers

Subject Teacher List

Business & Technology Department

Mr. Matthew Clarke Ms. Annie Cheng

Chinese Department

Ms. Sarah Sze Ms. Alison Chan Ms. Kitty Chan Ms. Vienna Chang Ms. Rita Cheung Ms. Stephanie Ho Ms. Natalie Lau Mr. Hong Shing Lee

Creative Arts Department

Ms. Patsa Heung Mr. Edgar Caole Ms. Lorraine Chow Ms. Yvette Morin

English Department

Mr. Christopher McLaren Mrs. Lisa Baczkowski Mr. Charles Britton Ms. Jessica Choi Mr. Mark Clemenson Ms. Katia Dionisio Ms. Benisha Fernandes Ms. Jennifer Fong

Humanities Department

Mr. Eric Wong Mr. Yusuf Alejo Mr. Isaac Chiu Mr. Vermouth Hung Mr. Andrew Koo Ms. Verna Kwong Mr. Anders Lam Mr. Wallace Lau Ms. Jacqueline Le Ms. Kit Ng Ms. Joyce Puk Mr. Ryan Puk Ms. Julia Wang Mr. John Wong Ms. Maggie Yeung Ms. Cris Zhang

Ms. Emma Man

Ms. Kiran Budhrani

Ms. Altvnai Tamerlanova

Ms. Keisha Martinez Ms. Anne Roberts Mrs. Sarah Williams

Mr. Jocelyn Gagnon Ms. Yuko Kanna Ms. Lovepreet Kaur Ms. Charlotte Leung Ms. Sarah Mendoza Ms. Tiffany Poon Ms. Tracy Zhao

Ms. Charmaine Leung Ms. Melody Lo Mr. Evaristo Mayemba Mr. Richard Nadar Mr. Herald Pedregosa Mr. Jimmy Sin Mr. Paul Williams Mr. Paul Wong

Mathematics Department

Dr. David Dy Mr. Peter Chan Ms. Betty Choi Ms. Wendy Chow Mrs. Dimple Deans Ms. Hee Jo Han Mr. Andrew Higgins Mr. Louis Joseph Ms. Serra Kim Mr. James Ma Mrs. Leanne Mehaffey Mr. Murphy Meng Ms. Vasti Tang Ms. Iris Yau

Physical Education Department

Mr. Samuel Allen Mr. Ringo Ma Ms. Becky O'Brien Mr. Itsham Shahid Ms. Holly Tau

Science Department

Mr. Jonathan Yip Mr. Bill Chan Mr. Nicholas Chu Dr. Sanjukta Ghosh Mr. Sijan Gurung Mr. Michael Ku Mr. Tommy Kwan Mr. Itsham Shahid Mr. Chris Wong Mr. Kevin Wong Mr. Brian Yip Mr. Angus Yung

My Teachers

Teacher Email List

Teachers	E-mail	Teachers	E-mail
	(@yhkcc.edu.hk)		(@yhkcc.edu.hk)
Mr. Yusuf Alejo	yusuf.alejo	Ms. Patsa Heung	patsa.heung
Mr. Samuel Allen	samuel.allen	Mr. Andrew Higgins	andrew.higgins
Ms. Naomi Ang	naomi.ang	Ms. Stephanie Ho	stephanie.ho
Mrs. Lisa Baczkowski	lisa.baczkowski	Mr. Vermouth Hung	vermouth.hung
Ms. Kiran Budhrani	kiran.budhrani	Ms. Ivy Ip	ivy.ip
Mr. Charles Britton	charles.britton	Mr. Louis Joseph	louis.joseph
Mr. Edgar Caole	edgar.caole	Ms. Yuko Kanna	yuko.kanna
Mr. Bill Chan	bill.chan	Ms. Lovepreet Kaur	lovepreet.kaur
Mr. Peter Chan	peter.chan	Ms. Serra Kim	serra.kim
Ms. Kitty Chan	kitty.chan	Mr. Andrew Koo	andrew.koo
Ms. Alison Chan	alison.chan	Mr. Michael Ku	michael.ku
Ms. Vienna Chang	vienna.chang	Mr. Tommy Kwan	tommy.kwan
Ms. Annie Cheng	annie.cheng	Ms. Verna Kwong	verna.kwong
Ms. Rita Cheung	rita.cheung	Mr. Anders Lam	anders.lam
Mr. Isaac Chiu	isaac.chiu	Mr. Wallace Lau	wallace.lau
Ms. Jacqueline Chiu	jacqueline.chiu	Ms. Natalie Lau	natalie.lau
Ms. Jessica Choi	jessica.choi	Ms. Jacqueline Le	jacqueline.le
Ms. Betty Choi	betty.choi	Mr. Hong Shing Lee	hongshing.lee
Ms. Wendy Chow	wendy.chow	Ms. Charmaine Leung	charmaine.leung
Ms. Lorraine Chow	lorraine.chow	Ms. Charlotte Leung	charlotte.leung
Mr. Nicholas Chu	nicholas.chu	Ms. Melody Lo	melody.lo
Mr. Matthew Clarke	matthew.clarke	Ms. Diana Lo	diana.lo
Mr. Mark Clemenson	mark.clemenson	Mr. James Ma	james.ma
Mrs. Dimple Deans	dimple.deans	Mr. Ringo Ma	ringo.ma
Ms. Katia Dionisio	katia.dionisio	Ms. Emma Man	emma.man
Dr. David Dy	david.dy	Ms. Keisha Martinez	keisha.martinez
Ms. Benisha Fernandes	benisha.fernandes	Mr. Evaristo Mayemba	evaristo.mayemba
Ms. Jennifer Fong	jennifer.fong	Mr. Chris McLaren	christopher.mclaren
Mr. Jocelyn Gagnon	jocelyn.gagnon	Mrs. Leanne Mehaffey	leanne.mehaffey
Dr. Sanjukta Ghosh	sanjukta.ghosh	Ms. Sarah Mendoza	sarah.mendoza
Mr. Sijan Gurung	sijan.gurung	Mr. Murphy Meng	murphy.meng
Ms. Hee Jo Han	heejo.han	Mr. Jiménez Miguel	jimenez.miguel

Teachers	E-mail		
Teachers	(@yhkcc.edu.hk)		
Ms. Yvette Morin	yvette.morin		
Mr. Richard Nadar	richard.nadar		
Ms. Becky O'Brien	rebecca.obrien		
Ms. Kit Ng	kitying.ng		
Mr. Herald Pedregosa	herald.pedregosa		
Ms. Tiffany Poon	tiffany.poon		
Ms. Joyce Puk	joyce.puk		
Mr. Ryan Puk	ryan.puk		
Ms. Anne Roberts	anne.roberts		
Mr. Itsham Shahid	itsham.shahid		
Mr. Jimmy Sin	jimmy.sin		
Ms. Sarah Sze	sarah.sze		
Ms. Altynai Tamerlanova	altynai.tamerlanova		
Ms. Vasti Tang	vasti.tang		
Ms. Holly Tau	holly.tau		
Ms. Cindy Tsoi	cindy.tsoi		
Ms. Julia Wang	julia.wang		
Mr. Paul Williams	paul.williams		
Mrs. Sarah Williams	sarah.williams		
Mr. John Wong	john.wong		
Mr. Eric Wong	eric.wong		
Mr. Paul Wong	paul.wong		
Mr. Chris Wong	chris.wong		
Mr. Kevin Wong	kevin.wong		
Ms. Iris Yau	iris.yau		
Ms. Maggie Yeung	maggie.yeung		
Mr. Brian Yip	brian.yip		
Mr. Jonathan Yip	jonathan.yip		
Mr. Angus Yung	angus.yung		
Ms. Cris Zhang	cris.zhang		
Ms. Tracy Zhao	tracy.zhao		

My Teachers

Teaching Staff

Ms. LO Yu Man Diana 盧裕敏; B.Sc. (Hons), PGDE, M.Ed. Mr. HIGGINS Andrew James 許安德; B.Sc. (Hons), PGCE Mr. LAU Siu Lung (Wallace) 劉少龍; B.A. (Hons), PGDE Ms. NG Kit Ying 吳潔盈; B.A. (Hons), PGDE, Ad. PGDE, M.Phil., M.A. Mr. CHIU King Sum (Isaac) 招敬琛; B.Soc.Sc. (Hons), PGDE, M.A. Ms. CHOI Jessica Vivian 崔穎詩; B.A., B.Ed. (Hons) Mr. YUNG Angus Yu Ching 翁于正; B.Sc. (Hons), PGDE Mr. ALEJO Yusuf Oluwanisola; B.A., B.Ed., M.A. Mr. ALLEN Samuel Josef; B.Ed. Ms. ANG Naomi Isis Castor; B.Soc.Sc. (Hons) Mrs. BACZKOWSKI Lai Shan Lisa 葉麗珊; B.Ed. (Hons), TESOL Mr. BRITTON Charles Robert (Charles); B.A. (Hons) Ms. BUDHRANI Kiran; H.Dip., MBA, PGCE Mr. CAOLE Edgar Moratalla; DCPMA Mr. CHAN Ching Piu (Bill) 陳正彪; B.Sc., M.Sc., PGDE Mr. CHAN Wai Hung (Peter) 陳維雄; B.Sc. (Hons), PGDE, M.Sc. Ms. CHAN, Wing Lam (Alison) 陳潁霖; B.Sc. (Hons) Ms. CHAN Yung Yin (Kitty) 陳榕燕; B.A. (Hons) & B.Ed. (Hons) Ms. CHENG Ka Kee (Annie) 鄭嘉琪; B.B.A. (Hons), PGDE, M.Ed. Ms. CHEUNG Wai Ni (Rita) 張瑋妮; B.A. (Hons), M.A. Ms. CHANG Wei Na (Vienna) 張維娜; B.A., M.Ed, PGDE Ms. CHIU Tsz Kei Jacqueline 趙花琦; B.A., PGDE Ms. CHOI Yi Ching (Betty) 蔡怡清; B.Sc. (Hons), M.Phil., PGDE Ms. CHOW Lai Wa (Wendy) 鄒麗華; B.Sc. (Hons), PGDE Ms. CHOW Long Yin Lorraine 周朗妍; B.Mus. (Hons), M.Mus, PGCE, PGDE (S.T.S.K.) Mr. CHU King Lim Nicholas 朱景亷; B.Sc., B.Ed., M.A. Mr. CLARKE Matthew Justin; L.L.B. (Hons), PGCE Mr. CLEMENSON Mark David; B.A. (Hons), PGCE Mrs. DIMPLE DEANS Rose; B.Sc. (Hons), M.Sc., PGDE Ms. DIONISIO Katia Ysabel Cruz 王雨婷; B.A. (Hons), PGDE Mr. DY Chun Yin (David) 李俊彦; BSc, M.Phil., Ph.D., PGDE Ms. FERNANDES Benisha Beverly; B.Soc.Sc. PGDE

Ms. FONG Jennifer; B.A., TESOL, TEFL, M.Soc.Sc., PGCE

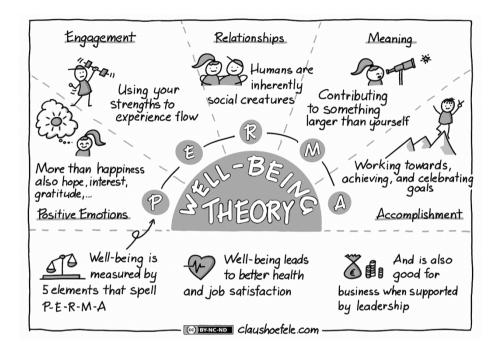
Mr. GAGNON Jocelyn; B.A. (Hons), PGDE, TEFL, TESOL, M.Ed. Dr. GHOSH Sanjukta; B.Sc. (Hons), M.Sc., Ph.D., PGCE Mr. GURUNG Sijan 古龍斯正; B.Eng. (Hons), PGCE Ms. HAN Hee Jo 韓喜朝; B.Sc., M.Sc., PGDE Ms. HEUNG Pak Yan (Patsa) 香柏欣; B.A. (Hons), M.V.A., PGDE Ms. HO Wing Kwan (Stephanie) 何穎鈞; B.A. (Hons), PGDE Mr. HUNG Chun Wai (Vermouth) 洪振威; B.A. (Hons) & B.Ed. (Hons) Ms. IP Oi Wah (Ivy) 葉愛華; B.Soc.Sc. (Hons) Mr. JOSEPH Louis Anthony Ulysses; B.L. (Hons), PGCE Ms. KANNA Yuko 漢那祐子; B.A., B.Ed. (Hons) Ms. KAUR Lovepreet 李妍愛; B.Ed. (Hons) Ms. KIM Serryoung 金抒暎; B.Sc. (Hons), M.Ed., PGDE Mr. KOO Man Chun (Andrew) 顧文俊; B.A. (Hons), PGDE Mr. KU Man Chiu (Michael) 顧文超; B.Sc. (Hons), PGDE Mr. KWAN Tin Fu (Tommy) 關天富; B.Sc. (Hons), PGDE, M.Med.Sc., M.Phil., M.Ed., Cert. (Guidance & Discipline), MRSB Ms. KWONG Lo Ming (Verna) 鄺路明; B.A., M.Sc., PGDE Mr. LAM Yuk Pui (Anders) 林彧培; B.A. (Hons), M.A., PGDE Ms. LAU Wing Kum Natalie 劉詠琴; B.Ed., M.Ed. Ms. LE Jiaving (Jacqueline) 樂佳穎; B.Law., M.A. PGDE Mr. LEE Hong Shing 李康誠; B.A. (Hons), PGDE Ms. LEUNG Charmaine Amy 深淑銘; B.A. (Hons), MBA, PGD (Psy), PGDE, M.A., Cert. (Careers) Ms. LEUNG Sin Hang Charlotte 梁善恆; B.A., B.Ed. Ms. LO Tsz Tung Melody 羅子桐; B.A. Mr. MA Ka Chun (James) 馬嘉駿; B.Eng. Mr. MA Wing Hong (Ringo) 馬永康; B.Ed. (Hons), M.A., Prof. Dip. (Discipline), PG. Dip. (Sports & Rec. Mgt.) Ms. MAN Yiu Ling (Emma) 萬堯鈴; B.A., B.Ed., M.Ed. Ms. MARTINEZ Keisha Mei Maglague; B.F.A. (Hons) Mr. MAYEMBA Evaristo Lucas; B.A., M.A., M.Sc., PGCE Mr. MCLAREN Christopher Ross; M.A. PGDE Mrs. MEHAFFEY Leanne Rachel; B.Sc. (Hons); PGCE Ms. MENDOZA Sarah Jane Ramos; B.A. Mr. MENG Qingyi 孟慶毅; B.Sc. & B.Ed., M.Ed.

Ms. MORIN Yvette Suzanne; B.F.A., M.Ed.

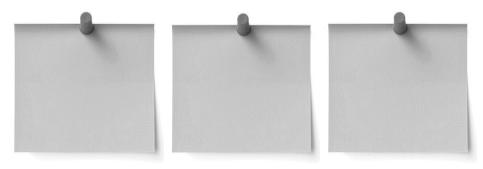
My Jeachers

Mr. NADAR Richard Seenivasagam; B.A., M.A., B.Ed., M.Ed. Ms. O'BRIEN Rebecca Ann; B.Sc. (Hons); PGCE Mr. PEDREGOSA Herald Israel Capayas; B.Sc., PGCE Ms. POON Tiffany May 潘恩霖; B.A. (Hons), M.A., PGDE Ms. PUK Yee Ting (Joyce) 濮綺婷; B.A., PGDE Mr. PUK Wan Cheung (Ryan) 卜匀翔; B.Ed. Ms. ROBERTS Anne 羅文凯; B.Ed. (Hons), A.Cert. (Nutrition), A. Dip. (Child & Adolescent Nutrition) Mr. SHAHID Itsham; B.Sc., PGCE Mr. SIN Ching Yin Jimmy 冼正言; B.A., PGDE Ms. SZE Hung Hung (Sarah) 施紅紅; B.A. (Hons), M.A., PGDE Ms. TAMERLANOVA Altynai; B.Ed. (Hons) Ms.TANG Vasti 鄧巧喬; B.Sc. (Hons) Ms. TAU Ho Yee (Holly) 陶可兒; B.Ed. (Hons), PGDE Ms. TSOI Lai Ling (Cindy) 蔡麗玲; B.Sc. (Hons), PGDE Ms. WANG Yizhou (Julia) 汪逸舟; B.Ed. (Hons), M.A. Mr. WILLIAMS Paul Douglas Alan; B.A. (Hons), PGCE Mrs. WILLAIMS Sarah Mary; B.A.E. (Hons) Mr. WONG Cheuk Ming (John)黃卓銘: B.A. (Hons) M.A. Mr. WONG Chi Kin (Eric) 黃智建; B.Soc.Sc., PGDE Mr. WONG Hoi Fung Paul J. 黃凱峯; B.A. (Hons), M.U.P., PGDE Mr. WONG Lok Man (Chris) 黃樂敏; B.Sc., MPhil Mr. WONG Poon Wing (Kevin) 黃潘詠; B.Sc., Mphil, PGDE Ms. YAU Ho Wun Iris 邱皓媛; B.Sc. (Hons), PGDE Ms. YEUNG Sin Tung (Maggie) 楊倩桐; B.A. (Hons), PGDE Mr. YIP Che Hoo (Brian) 葉智皓; B.Sc. Mr. YIP Sai Cheong (Jonathan) 葉世昌; B.Sc (Hons), PGDE, M.A. Ms. ZHANG Yue (Cris) 張悅; B.A., M.A. Ms. ZHANG Yunxiao (Tracy) 趙芸笑; B.A., M.A., TESOL

My Wellbeing



Please take a moment to write down 3 self-care strategies you can use to support your wellbeing.



Student Wellbeing Team

Head of Student Wellbeing

The Head of Student Wellbeing is a member of the Leadership Team. He works closely with the Assistant Head of Student Wellbeing, Heads of Year and the Student Support Team (School Social Workers, Educational Psychologist and Head of SEN), to coordinate the support, guidance and discipline of students in collaboration with teachers, students and parents, in addition to outside agencies where appropriate. He is also responsible for whole-school wellbeing initiatives, retreat programmes, pastoral care staff training, PSHE curriculum design and implementation, the Adopt-a-Charity campagin and the Know My Students Survey. He promotes and upholds the school's five core values and plays a leading role with regard to safeguarding and child protection issues in school.



Mr. Angus Yung angus.yung@yhkcc.edu.hk



Heads of Year

Each form has one or two Head(s) of Year, who oversee student wellbeing at that level. The Heads of Year(s) work closely with the Head of Student Wellbeing to create the PSHE curriculum, form assemblies, year theme, Adopt-a-Charity fundrasing, wellbeing initiatives and affirmation certificates and prizes. The Head(s) of Year also monitor attendance, punctuality and individualized interventions to support students in their wellbeing and learning. The Head(s) of Year lead the Class Teacher Team in pastoral care. They work with the Student Support Team and liaise with parents and guardians, as appropriate.

Class Teachers

YHKCC students have two Class Teachers in Forms 1-3 and one Class Teacher in Forms 4-6. The Class Teachers lead the morning devotion and wellbeing activities, providing a nurturing start to each school day. They deliver the weekly PSHE lesson and participate in enrichment activities to build community spirit and belonging. Class Teachers also monitor student wellbeing and they are the main point of contact for parents and guardians. After Progress Reports are issued, Class Teachers meet students to review and discuss their reflection booklets.



My Wellbeing

Educational Psycholohist

Hi! My name is Rickie Hung. I am a Registered Educational Psychologist. I serve the school by helping students to learn more effectively and helping parents to support their children. For students who have learnig difficulties, I can provide a variety of psychological assessments (e.g. tests of IQ, academic skills, attention levels and emotional wellbeing) to help students know more about their own abilities and find ways to tackle their difficulties. I also provide counselling and training to help students enhance their skills in studying, stress management, and socio-emotional and behavioural regulation.



Mr. Rickie Hung rickie.hung@yhkcc.edu.hk



Ms. Rovena Tse rovena.tse@yhkcc.edu.hk

School Social Worker

Hi everyone! My name is Rovena. I offer individual or group counselling service for students that address a range of issues, including educational, relational, emotional, family and personal challenges which may affect their wellbeing. I can provide crisis intervention services for students with urgent needs and referral services for professional follow up when necessary. The School Social Workers also run programmes, including the Form 1 Mentorship Programme and various types of group activities to meet the needs of our students. I look forward to meeting you soon and providing the support you need.

SEN Department

Hello! My name is Iris Yau. I am the Head of Special Educational Needs (SEN) at the YHKCC. I work with students with various special educational needs, to ensure that they receive the assistance they need to access the curriculum. The SEN team regularly provides academic and emotional support for students with special needs during lessons, self-study periods and after school. We also make special arrangments for internal and public examinations, and assist students in planning their careers.



Ms. Iris Yau iris.yau@yhkcc.edu.hk

My Conduct

YHKCC Code of Conduct

The purpose of the Code of Conduct is to establish clear expectations and provide guidance regarding behaviour. The main aim is to create a safe environment that is conducive to learning so that students can derive the greatest benefit from their education at the YHKCC. Students are therefore expected to act and behave in accordance with the school's values and conduct themselves appropriately in school and in the local community. In instances where behaviour is inappropriate or students display a significant lack of responsibility, guidance will be given and expectations, boundaries and consequences will be reinforced.

General Guidelines and Daily Expectations

Students are expected (to):

- 1. uphold the core values of the school at all times including in the community, and on school activities and trips;
- 2. be polite and considerate at all times and uphold the highest level of courtesy;
- 3. strictly follow the Punctuality and Attendance Policy;
- 4. use their Student ID for attendance to school;
- 5. bring their Student Handbook and all appropriate materials for lessons. Any electronic devices (e.g. iPad, laptop) brought to school shall be used for academic purposes only and at their own risk;
- 6. mobile phones, if brought to school, will be collected and safely stored during the school day and returned at the end of the school day;
- 7. students who miss school for any reason are required to submit a doctor's note and/or parent's letter to the school within one week of returning to school;
- 8. use non-abusive and respectful language;
- 9. not to bring any items to school that have no educational value;
- 10. not to bring any illegal or dangerous items to school at any time;
- 11. not litter in school and ensure that the campus remains clean and tidy.

Uniform

The school uniform is the most visible source of identity within the local community. In effect YHKCC students are mobile 'adverts' for the school. As such, the school uniform must be worn with pride at all times. It is important to understand that individual students have a personal responsibility, both to the school and to their fellow students, to positively represent the YHKCC to the community and uphold the school's values by their behaviour in words and actions. Students are expected to wear the school PE uniform for PE lessons and sports activities.

Uniform

Boys

<u>SHIRT</u>

Summer: Short-sleeved white school shirt, plain white undershirt, school cardigan.

Winter: A long-sleeved, white school shirt and school tie. School sweater and dark grey school jacket.

TROUSERS

Summer: Dark navy school trousers and plain black leather belt.

Winter: Dark grey school trousers and plain black leather belt.

<u>SOCKS</u>

School socks or navy-blue socks above the ankle.

<u>SHOES</u>

Low-heeled, smart plain black leather or faux leather shoes. Canvas shoes, suede shoes, training shoes or shoes with non-matching coloured soles are *not* permitted.



Summer Uniform



Winter Uniform

Girls

Summer Uniform





Winter Uniform

<u>SHIRT</u>

Summer: Short-sleeved white school blouse and girl's tie, plain white undershirt or underwear, school cardigan.

Winter: A long-sleeved, white school shirt and school tie. School sweater and dark grey school jacket.

<u>SKIRT</u>

Summer: Approximately knee-length blue school skirt. Winter: Approximately knee-length dark grey school skirt *or* dark grey school trousers.

SOCKS

Summer: School socks or plain white socks above the ankle.

Winter: School socks or dark grey socks above the ankle *or* black opaque tights.

<u>SHOES</u>

Low-heeled, smart plain black leather or faux leather shoes. Canvas shoes, suede shoes, training shoes or shoes with non-matching coloured soles are *not* permitted.

Uniform

Outdoor Clothing

School Sweater (For both Summer and Winter Uniform)



Fleece Jacket (For all Forms)



Overcoat and School Scarf (For Winter Uniform)



Hoody (Only for Form 5 and Form 6)



My Conduct

Uniform

PE Uniform

Summer



<u>**PE SHIRT**</u> A school house PE shirt.

<u>PE SHORTS</u> Black school PE shorts.

SPORT SHOES Sports shoes.

Winter



<u>PE SHIRT</u> A school house PE shirt.

<u>PE TRACKSUIT</u> School PE tracksuit.

Sports shoes.

Uniform

Other Items

Girls



HAIR Hairstyles should be neat and tidy. Hair must be of a natural colour. Hair clip must be of dark blue or black colour

<u>FACE</u> Make-up is **not** allowed.

<u>EARS</u> Girls may only wear one discrete pair of gold or silver stud earrings.

Boys

HAIR

Hairstyles should be neat and tidy. Hair must be of a natural colour.

<u>FACE</u> Facial hair must be neat and tidy.

<u>EARS</u> Boys are *not* allowed piercings of any kind.



Students are not permitted to wear any accessories (e.g. bracelets, anklets, rings, etc.). Any special request to wear religious items must be made through a parents letter and approved by the student's Head of Year.

Students who come to school wearing incorrect uniform or neglect to bring the correct PE uniform are required to purchase the corresponding uniform item(s) from the General Office.

My Conduct

Expectations of Student Conduct – Five Core Values

A disciplined and structured environment is needed to provide students with the opportunity to achieve their academic potential, learn important life skills and develop the social and community awareness necessary to succeed in an increasingly globalized world. The YHKCC rules and regulations are based on the school's five core values.

YHKCC students will:

Build a Community that Cares

- always celebrate and respect the racial, religious and cultural diversity of the school community;
- keep the school tidy and clean;
- only eat food in designated areas of the school and always clean up after themselves;
- promote recycling and green living both inside and outside school;
- uphold the core values both inside and outside school to demonstrate our own care and consideration for the rights and rules of the wider community.

Serve One Another in Love

- at all times treat others as they themselves would like to be treated;
- conscientiously think of others and help to support anyone in need;
- greet guests respectfully and make them feel welcome;
- always remember to use good manners by saying 'Excuse me", "Please" and "Thank you", and open doors for staff, visitors and guests;
- offer to help fellow students and members of staff when they are in need;
- approach each other with a friendly, positive and cheerful attitude;
- work together as a team and embrace a positive attitude towards social awareness and responsibility for the community.

Respect Ourselves and Others

- respect all members of the community with equal respect regardless of background, status, race or religion, e.g. students will respect janitors in the same way as the Principal;
- be patient and courteous at all times, and do not interrupt conversations;
- respect teachers and peers by attending lessons punctually with all the correct materials;
- respect the learning of others and avoid disrupting the learning environment;
- refrain from using inappropriate language both inside and outside school;
- respect their own property and the property of others.

Be Responsible

- always take and accept responsibility for their actions and, when necessary, learn from their mistakes;
- be responsible for their punctuality and attendance;
- take responsibility for their own learning by always completing work to the very best of their ability and submitting homework punctually;
- focus on achieving their SMART targets;
- wear the school uniform with pride at all times, both inside and outside school;
- take responsibility for their own possessions and not leave school bags and personal belongings unattended;
- not bring an excessive amount of money or valuables to school as personal loss or damage will be at the students' own risk;
- immediately report any damage to school property to their Class Teacher or the General Office (students are expected to pay for any wilful damage);
- for safety reasons, only enter specialist rooms when accompanied by a member of staff, including the School Hall, Trinity Hall, Fine Arts Centre, Music Block and laboratories;
- not engage in any potentially dangerous activities on school premises or in the community to prevent accidents.

Act with Integrity

- conduct themselves in an honest and trustworthy manner;
- always try to do what is right even when faced with difficult decisions;
- think before acting and consider the consequences of their actions, not only for themselves, but also for other members of the community;
- respect academic honesty and acknowledge any sources used.



My Conduct

Punctuality

- Students must arrive at school before *8:05 a.m.* and be in their classrooms for the Class Teacher Period by *8:10 a.m.*
- Latecomers must show their Student ID Card at the Main Gate or the General Office and write their names in the Latecomers Record Book before proceeding to the classroom.

Attendance

During the academic year, students are expected to attend school every day that the school is in session. If students attend lessons for less than **90%** of the total number of instructional time, s/he will not be considered to have a complete academic record and may be required to repeat the year. Attendance is taken in every lesson. Students in the graduating class will be given a certificate of attendance rather than a graduation certificate, and may not be allowed to attend the graduation ceremony.

Parents should make every effort to ensure full attendance and, as far as possible, try to schedule medical and dental appointments after school or on the weekend. At the end of each semester, students with perfect attendance records will be awarded a 100% attendance certificate.

Absence

If students are absent from school, they are expected to complete the work missed as soon as possible. It is the student's responsibility to proactively inquire about any missed work during a period of absence and ensure that it is completed by the due date or communicate a new one with the subject teacher.

The school is required to inform the Education Bureau if students are absent from school for 7 consecutive school days. Extended absence from school, even if deemed acceptable, will inevitably affect the academic progress of students.

Certain circumstances are recognized as valid reasons for a student to miss school, but absence for any other reason is unacceptable. Each student is given a maximum of 5 days of acceptable absence within the academic year.

Acceptable reasons for absence from school include the following:

- Physical or emotional illness as verified by a doctor or dentist.
- Hospital stays as verified by a doctor or dentist.

- Recuperation from an accident as verified by a doctor. Contagious disease within a family as verified by a doctor.
- Family wedding / death in the family (not to exceed one week).
- Natural catastrophe and/or disaster.
- A letter from a parent for personal illness, serious illness in the family or for recognized religious holidays of the student's own faith (not to exceed one week).
- Selected to represent Hong Kong or the student's home country in an international event (supporting documents are required)

Unacceptable Absences

Absence for reasons other than those listed above shall be considered *unacceptable*. Examples of unacceptable reasons for absence include family holidays and working at a job, even in their own home or for their own parents. If a student's attendance record shows *more than five unacceptable absences* per semester, then the minimum attendance requirement will not have been met and the student may be required to repeat the year.

If the school does not receive a valid reason for absence in the form of letter or email, within one week of the child's return to school, it will be permanently recorded as being **unacceptable**. The number of unacceptable absences will be printed on the Report Card.

Absence Procedure

Sick Leave

- 1. Students who are unable to come to school because of illness must inform the school by telephone on 29888123 by 8:00 a.m. that morning. Parents should submit the application for leave to the class teacher the next day.
- 2. If the period of sick leave exceeds one day, or students are absent from school functions, e.g. exams, Swimming Gala, Sports Day, etc., both a medical certificate and the application for leave should be submitted to the Class Teacher the next day.

Personal Leave

If a student needs to take leave for any reason other than illness, parents must seek approval from the Head of Year at least 3 days in advance. Applications for leave must be signed by parents and supporting documents should be included, e.g. doctor's appointment note, examination document, etc.

My Conduct

Early Leave

If a student needs to go home because of illness during normal school hours, s/he must be assessed by the school nurse, obtain parental permission by telephone and fill in an exit-pass obtained from the General Office, which is then signed by the subject teacher or the school nurse and a member of the Leadership Team.

Anti-Drug Policy

The school has strict anti-drug policy. The use and possession of mind-altering substances is absolutely prohibited on school premises, during the school day and at all school events.

Use of Drugs

- (a) The school may become concerned if a student shows evidence of using a mind-altering substance. Sources of such concern may include decline in motivation, change of physical appearance, withdrawal from social interaction, declining grades and expression of concern from peers, parents or other adults.
- (b) The school will discuss the concern with the student to decide what is required to help the student.
- (c) If the school suspects that there is a concern regarding possible drug use, parents will be contacted and a drug test will be administered.
- (d) If students test positive or has previously taken drugs, they will be required to partake in a detoxification programme whereby the student will be tested regularly at the parent's expense.

If a student needs to take medication on a regular basis, s/he must do so in the medical room, under supervision.

Distribution – Giving or Receiving of Drugs

If a student, whether previously warned or not, is found giving or receiving drugs on the school campus or during school sponsored events or trips, the student may be expelled regardless of whether or not money is involved. If a student is excluded from the school because of a drugs related issues, school fees already paid will not be refunded.

Rewards System

The school recognizes and acknowledges students' achievements and contributions with a range of awards. All awards are given at the discretion of the Principal.

Affirmations

Affirmations are given for good learning attitude, sound work, positive behaviour, creditable performance or other achievements and contributions. In general, affirmations are given for the following:

Academic

- good learning attitude
- steady improvement in a subject
- an exceptionally good piece of work
- significant improvement demonstrated in a particular subject or overall academic performance

ECAs

- good attitude
- outstanding performance in school team/club

Behaviour

- consistently respectful and courteous to students/staff
- help given to fellow schoolmates, teachers and the school
- improvement in behaviour
- important contribution made which enhances the reputation of the school

Community Service and Leadership

- active participation in community service, e.g. flag selling, visiting the elderly, etc.
- help with school functions and activities
- responsibility exercised
- outstanding leadership

Students are also awarded Bronze, Silver, Gold, Platinum and Diamond Certificates according to the total number of affirmations earned. A Bronze Certificate is awarded for 25 affirmations, Silver for 50 affirmations, Gold for 75 affirmations, Platinum for 100 affirmations and a Diamond Certificate is awarded for 200 affirmations. Certificates are awarded at the end of each semester. Affirmation tallies are carried over from the first semester to the second semester. The average number of affirmations achieved per class determines the amount of money donated to their class elected charity.

My Conduct

Values Postcards

Values Postcards are used to give particular praise to students who uphold the school's five core values. These postcards are sent home by mail with a personalized message from a teacher to express their praise for exceptional behaviour or achievement.

Citizenship Awards

Students may also be nominated for citizenship awards for service to the community exceeding the school's high expectations. This will be celebrated in year assemblies and are given at the discretion of the Heads of Year.

Ladder of Consequences

The following ladder of consequences is used as the basis for determining appropriate sanctions for various types of misbehaviour. All sanctions are applied at the discretion of the Principal and administered by the Head of Student Wellbeing and the Heads of Year.

	Consequence	Inappropriate Behaviour
C1	Verbal Warning Reminder of school rules & expectations leading to and including a final warning	 Misbehaviour including, but not exclusive to: Arriving late to lessons Failure to bring equipment to lessons (stationery, textbooks or exercise books) Poor attitude to learning or lack of effort Disturbing the learning of others Not following teachers' instructions Talking over the teacher or fellow students Swearing in class, recess or lunch Running in the corridors Inappropriate physical contact – pushing/shoving or kissing/cuddling Breaking uniform dress code, e.g. shirt out, no tie, skirt too short, etc.
C2	<i>Teacher Detention</i> Teachers to give a detention at recess, lunch or after school or <i>School Service</i>	 Repeating any of the above or misbehaviour including, but not exclusive to: 2 times late to class (individual teacher) Continued failure to bring equipment to lessons (stationery, textbooks or exercise books) Continued disruption to learning in class (per class) Failure to submit homework (1st time per subject) Consistent use of inappropriate language Littering in class or around campus Inappropriate footwear on school pitches/courts Minor damage to property, e.g. graffiti on books, breaking a student's ruler, etc. Minor lack of respect to staff or students, e.g. arguing with staff/challenging the school values, not following teacher's instructions, etc.

Ladder of Consequences

	Consequence	Inappropriate Behaviour
C3	Senior Leader Detention After school detention (1 hour) or extended school service administered by HoDs or HoYs	 Repeating any of the above or misbehaviour including, but not exclusive to: 3 times late to lessons (individual teacher) 5 or more times late to school Failure to submit homework for the 2nd time (per teacher) Failure to attend subject teacher detention Failure to attend school service Foul language directed at others Persistent poor attitude to learning, e.g. lack of engagement or work not completed, etc. Eating on the MTR or littering in the community Inappropriate behaviour on public transport Lack of respect to staff or students
C4	Leadership Team Detention Friday Detention (2 hours) or/and Student Academic/ Behavioural Report	 Repeating any of the above or misbehaviour including, but not exclusive to: Failure to attend extended school service Failure to attend senior leader detention Continuous inappropriate behaviour on public transport Academic malpractice and/or plagiarism Truancy from Class Teacher Period, Student Briefing or Assembly Intentional damage to school or student property Misuse of school property, e.g. taking materials without permission, etc.
C5	Suspension from Lesson(s) (Internal) or Withdrawal from Class(es)	 Repeating any of the above or misbehaviour including, but not exclusive to: Consistent and repetitive poor behaviour in lessons disrupting other students' learning Repeatedly misbehaving in the community or eating on the MTR Failure to attend C4 detention Truancy from school Extreme hair styles or dyed hair Refusing to hand in mobile device Serious damage to school/student property

Ladder of Consequences

	Consequence	Inappropriate Behaviour
C6	Internal/External Suspension	 Repeating any of the above or misbehaviour including, but not exclusive to: Consistent and repetitive poor behaviour in lessons while on report Truancy from school Serious damage to school or student property Possession of dangerous materials, e.g. knife, BB gun, etc. Any form of bullying or harassment Abusive or threatening behaviour towards students or staff Physical violence towards a student/staff Smoking, vaping or drinking alcohol in school uniform or being in possession of any related materials Use of illegal drugs Illegal behaviour, e.g. Stealing and fraud, etc.
	Exclusion	 Repeating any of the above or misbehaviour including, but not exclusive to: Consistent and repetitive illegal behaviour
<i>C7</i>	or Withdrawal	 Continued absence Behavioural concerns that put the safety of other students at risk Positive drug test during the 2/3 test programme

My Conduct

Bad Weather Arrangements

Tropical Cyclones

When tropical cyclones affect Hong Kong, the following general arrangements will apply and appropriate public announcements will be made by the Education Bureau (EDB).

Tropical Cyclone Warning Signal	Action to be taken
No. 1 or No. 3 issued	School to operate as usual
No. 8 or above issued	School to close
No. 8 or above replaced by No. 3 or No. 1	School to resume in next session
or when all signals are cancelled	

If students have already set out for school when the No. 8 signal is issued, the school will activate its contingency plan to ensure that the school premises will be open and staffed until proper arrangements are made for arriving students to return home at an appropriate time.

Heavy Persistent Rain

In the event of rainstorms, the following arrangements will apply and appropriate public announcements will be made by the EDB.

Rainstorm Warning Signal	Action to be taken
AMBER	School will operate as usual.
RED or BLACK	
Before 6:15 a.m.	School will be closed all day.
6:15 a.m. – 8:00 a.m.	School will be closed. The school will activate the contingency plan to ensure that the school premises will be open and staffed until the end of normal school hours for arriving students. Staff will ensure that conditions are safe before allowing students to return home.
After 8:00 a.m.	No early dismissal is needed. Students will continue their lessons until the end of normal school hours and the school will ensure that conditions are safe before allowing them to return home.

My Conduct

Closure of Schools

If school is in session and the weather is likely to deteriorate rapidly due to an approaching typhoon or special circumstances, the EDB will announce over the radio and television to advise immediate suspension of classes.

Closure of Schools in Individual Districts

In exceptional circumstances, the EDB may announce the closure of schools in only one or just a few districts. Students living in these districts should not go to school. Schools will give allowance to affected students for lateness or absence from school at their discretion on the day when inclement weather or flooding occurs.

Closure of Individual Schools

If local weather, road, slope, traffic or transport conditions warrant the closure of the school and a general announcement has not been made by the EDB, the Principal may close the school and will arrange for an announcement to be made through the EDB.

Arrangements regarding students' attendance and examinations under exceptional weather, road and transport conditions

- 1. Parents should use their discretion in deciding whether or not to send their children to school in exceptional weather situations. They should keep their children at home if it seems to them that local weather, road or transport conditions have not returned to normal.
- 2. Internal arrangements under the above exceptional circumstances:
 - (a) Students who cannot go to school or arrive late will not be penalized.
 - (b) Alternative arrangements regarding internal tests or examinations will be made for these students.
- 3. Examinations:
 - (a) Internal Examinations

If the EDB announces that all schools are to be closed due to adverse weather conditions, the examination scheduled for that day will be postponed until further notice. **The examination for the following day will be conducted as scheduled.**

(b) Public Examinations

Closure of schools, particularly those used as centres for public examinations, as a result of tropical cyclones or heavy persistent rain does not necessarily imply the postponement of a public examination scheduled for that day. Parents and students should listen to the radio or television announcements made by the Hong Kong Examinations and Assessment Authority (HKEAA) regarding the arrangement. Unless an announcement has been made that a public examination is cancelled or postponed, it should be assumed that the examination will be held as scheduled.

My Activities

Student Leadership



Student Council

Teacher Coordinators: Ms. Charlotte Leung Ms. Katia Dionisio Ms. Vienna Chang The Student Council consists of a cabinet of student-elected senior students which plays an integral and important role in the school community. Students have a voice and a contribution to make to the school. It is vital that they are given the opportunity to express their views on issues of concern to them in the school and they are also encouraged to take an active part in promoting the core values of the school. The Student Council provides a representative structure through which students can raise issues of concern and undertake initiatives which benefit the school and the wider community. The Student Council gives students an opportunity to acquire communication, planning and organizational skills as they coordinate various

school events and forums throughout the year. Through this process, students learn how to work together as a team, as well as collaborating with the whole student body, parents, teachers and the school.

Every year a group of selected students are given the opportunity to represent the school as part of the student leadership team. As outstanding members of the school community, Prefects act as role models to other students: thev demonstrate exceptional behaviour and uphold the school's five core values, the CARES principles and the YHKCC Code of Conduct. Prefects work hard not only to help maintain a disciplined and effective learning environment, but also mentor and support students in need. Prefects welcome students to school in the morning at the front gate and help teachers at recess. lunch breaks and school functions.



Teacher Coordinators: Ms. Jacqueline Le Ms. Betty Choi Mr. Angus Yung

Prefects

Prefects attend a series of training workshops and day camps aimed at developing a range of skills in preparation for exercising greater responsibility within the school as well as in society in the future. It is hoped that these workshops will enhance leadership skills by enabling students to develop the ability to cope with and manage adversity, strengthen social and interpersonal skills, develop the ability to collaborate and work as part of a team and build self-confidence and self-motivation.



Student Ambassadors

Teacher Coordinators: Mr. Nicholas Chu Mr. Vermouth Hung Ms. Benisha Fernandes The Student Ambassadors are a group of students from all forms who are dedicated to positively promoting the YHKCC at all school events and public functions held for prospective students and their families. They work on a voluntary basis and serve the school community by informing parents, visitors and guests about the school from the students' perspective. Student Ambassadors are given the unique opportunity to receive training in communication skills, public relations, marketing and interpersonal skills.

The four Houses are **Chambers**, **Morrison**, **Taylor** and **Williams**. Each House is made up of teachers and students from different forms and classes. All YHKCC students are assigned to different Houses and are encouraged to participate in activities and competitions for their House.

Throughout the academic year, various **Inter-House Competitions (IHC)** are held, e.g. Sports competitions, Cheerleading, Sports Day and Swimming Gala, etc. At the end of each academic year, the House with the highest number of points is awarded the **YMCA Cup**, the most honourable award for student activities.



Houses

Heads of House: Ms. Wendy Chow (Chambers) Ms. Heejo Han (Morrison) Ms. Jacqueline Chiu (Taylor) Ms. Iris Yau (Williams)

My Activities

Houses



Oswald Chambers



Robert Morrison



James Hudson Taylor



George Williams

Chambers House (Blue)

Oswald Chambers (1874–1917) was a prominent early twentieth century Scottish Protestant Christian minister and teacher, best known as the author of the widely-read devotional "My Utmost for His Highest". He also worked as a YMCA Chaplain during WWI.

Morrison House (Purple)

Robert Morrison (1782–1834) was a Presbyterian minister, translator, and the London Missionary Society's first missionary to China. He began his work in Macau and is considered the father of Protestant mission work there.

Taylor House (Yellow)

James Hudson Taylor (1832–1905) was an English missionary to China. Founded the China Inland Mission which at his death included 205 mission stations with over 800 missionaries, and 125,000 Chinese Christians.

Williams House (Red)

George Williams (1821–1905) was the founder of the YMCA. As a young man, he described himself as a "careless, thoughtless, godless, swearing young fellow," but eventually became a devout Christian. Williams was knighted in 1894 by Queen Victoria.

Houses

House Coordinators : Mr. Isaac Chiu

Heads of House and House Captains

Every year, House Captains are selected by the Head of House and Assistant House Captains are nominated and elected by their own house members.

House	*Head of House Assistant Head of House	Captain
Chambers	* Ms. Wendy Chow Mr. Sijan Gurung	
Morrison	* Ms. Heejo Han Ms. Lovepreet Kaur	
Taylor	*Ms. Jacqueline Chiu Ms. Emma Man	
Williams	* Mr.Andrew Koo Ms. Iris Yau	

My Activities

House Teacher List

Assistant Principal (Student Development):

: Mr. Isaac Chiu

Head of ECA House Coordinator : Ms. Charlotte Leung

: Mr. Isaac Chiu

House Coordinator		Mr. Isaac Chiu			
Chamb	ers House	Morrison House			
Head of House:	Ms. Wendy Chow	Head of House:	Ms. Heejo Han		
Assistant Head of H	ouse: Mr. Sijan Gurung	Assistant Head of House: Ms. Lovepreet Kaun			
Mr. Yusuf Alejo	Ms. Keisha Martinez	Ms. Kiran Budhrani	Ms. Charlotte Leung		
Ms. Naomi Ang	Mr. Murphy Meng	Ms. Lorraine Chow	Ms. Tiffany Poon		
Mr. Edgar Caole	Ms. Sarah Mendoza	Ms. Annie Cheng	Mr. Ryan Puk		
Ms. Alison Chan	Ms. Yvette Morin	Mr. Matthew Clarke	Ms. Anne Roberts		
Mr. Bill Chan	Ms. Becky O'Brien	Mr. Mark Clemenson	Mr. Jimmy Sin		
Mr. Nicholas Chu	Ms. Joyce Puk	Dr. David Dy	Ms. Vasti Tang		
Ms. Stephanie Ho	Ms. Cindy Tsoi	Ms. Natalie Lau	Ms. Holly Tau		
Mr. Louis Joseph	Mr. Paul Wong	Mr. Wallace Lau	Mrs. Sarah Williams		
Ms. Jacqueline Le Mr. Chris Wong		Ms. Charlotte Leung	Mr. Eric Wong		
Ms. Charmaine Leung	Ms. Maggie Yeung	Mr. Evaristo Mayemba	Mr. John Wong		
Mr. Ringo Ma	Ms. Tracy Zhao	Mr. Richard Nadar	Mr. Jonathan Yip		
Taylo	r House	Williams House			
Head of House:	Ms. Jacqueline Chiu	Head of House: Mr. Andrew Koo			
Assistant Head of H	louse: Ms. Emma Man	Assistant Head of House: Ms. Iris Yau			
Mrs. Lisa Baczkowski	Mrs. Leanne Mehaffey	Mr. Samuel Allen	Ms. Serra Kim		
Mr. Charles Britton	Mr. Herald Pedregosa.	Mr. Peter Chan	Mr. Michael Ku		
Ms. Kitty Chan	Mr. Itsham Shahid	Ms. Rita Cheung	Mr. Tommy Kwan		
Ms. Vienna Chang	Ms. Sarah Sze	Ms. Betty Choi	Ms. Verna Kwong		
Mrs. Dimple Deans	Ms. Altynai Tamerlanova	Ms. Jessica Choi	Mr. Anders Lam		
Ms. Katia Dionisio	Ms. Julia Wang	Ms. Benisha Fernandes	Ms. Melody Lo		
Ms. Jennifer Fong	Mr. Paul Williams	Mr. Jocelyn Gagnon	Mr. Hong Shing Lee		
Mr. Andrew Higgins	Mr. Kevin Wong	Dr. Sanjukta Ghosh	Ms. Kit Ng		
Mr. Vermouth Hung	Mr. Angus Yung	Ms. Patsa Heung	Mr. Brian Yip		
Mr. James Ma	Ms. Cris Zhang	Ms. Ivy Ip			
Mr. Chris McLaren		Ms. Yuko Kanna			

Clubs, Societies and Teams

Students in the YHKCC are expected to fulfil a minimum level of participation in the ECA programmes of the school. It is **compulsory** to the students in Form 1 to Form 3 **to join ONE** to TWO Clubs/ Teams from the Interest, Cultural, Sports, Music and Service Groups. Students in Form 5 and Form 6 are **recommended to** apply to be a student leader, chairperson or committee member of not more than TWO clubs/ teams.

		Teacher-in-Charge *Ms. Jessica Choi *Ms. Patsa Heung *Ms. Anne Roberts *Ms. Serra Kim & Mr. Richar Nadar *Mr. Paul Williams *Ms. Stephanie Ho *Ms. Emma Man *Mr. Vermouth Hung			
Academic ScholarsArt AmbassadorsCateringChristianFellowshipWorsCommunity Service	ng Life Club & Campaigner	*Ms. Patsa Heung *Ms. Anne Roberts *Ms. Serra Kim & Mr. Richar Nadar *Mr. Paul Williams *Ms. Stephanie Ho *Ms. Emma Man			
Art AmbassadorsCateringChristianFellowshipWorsCommunity Service		*Ms. Patsa Heung *Ms. Anne Roberts *Ms. Serra Kim & Mr. Richar Nadar *Mr. Paul Williams *Ms. Stephanie Ho *Ms. Emma Man			
CateringChristianYourFellowshipWorsCommunity Service		*Ms. Anne Roberts *Ms. Serra Kim & Mr. Richar Nadar *Mr. Paul Williams *Ms. Stephanie Ho *Ms. Emma Man			
Christian Your Fellowship Wors Community Service		*Ms. Serra Kim & Mr. Richar Nadar *Mr. Paul Williams *Ms. Stephanie Ho *Ms. Emma Man			
FellowshipWorsCommunity Service		*Mr. Paul Williams *Ms. Stephanie Ho *Ms. Emma Man			
Community Service	ship Team	*Ms. Stephanie Ho *Ms. Emma Man			
		*Ms. Emma Man			
Creative Media					
		*Mr. Vermouth Hung			
Flag Raising					
Health Ambassador		*Ms. Carrie Chau			
Library Ambassadors	;	*Ms. Miranda Leung			
Photography		*Mr. Peter Chan			
Stage Management		*Mr. Peter Chan			
TASS Ambassadors		*Ms. Lisa Baczkowski			
Yearbook		*Ms. Sarah Mendoza			
Academic					
Business Society		*Mr. Matthew Clarke			
Chinese Society		*Ms. Sarah Sze			
Humanities Society		*Mr. Eric Womg			
Mathematics Society		*Dr. David Dy			
Science Society		*Mr. Jonathan Yip			
INTEREST & CULT	TURE				
Animal Welfare		*Ms. Yvette Morin			
Art		*Mrs. Sarah Williams			
Board Games		*Mr. KevinWong			
Chess Club		*Dr. Sanjukta Ghosh			
Dance		*Mr. Bill Chan			
Drama		*Ms. Jennifer Fong			

My Activities

Clubs, Societies &	Teams	Teacher-in-Charge			
INTEREST & CUI	LTURE				
English Debate		*Mr. Chris McLaren			
Fitness		*Mr. Louis Joseph			
Model United Natio	ons	*Mr. Yusuf Alejo			
Reading		*Ms. Tiffany Poon			
STEAM		*Mr. Tommy Kwan			
SPORTS					
Athletics & Cross-co	ountry	*Mr. Ringo Ma			
Badminton	-	*Mr. Brian Yip			
Basketball	Boys	*Mr. Itsham Shahid			
Dasketball	Girls	*Ms. Yuko Kanna			
Cheerleading		*Mr. Herald Pedregosa			
Cricket	Boys	*Mr. Paul Williams			
Chicket	Girls	*Mrs. Dimple Deans			
Lacrosse Girls		*Ms. Charlottee Leung			
Football		* Mr. Isaac Chiu & Mr. Sijan Gurung			
Handball		*Mr. Ringo Ma			
Hockey		*Mr. Joshua Bukowicki			
Outdoor Adventure		*Mr. Michael Ku			
Rugby		*Mr. Samuel Allen			
Swimming		*Mr. Paul Wong			
Table-tennis		*Mr. Anders Lam			
Taekwondo		*Ms. Holly Tau			
Volleyball		*Ms. Jacqueline Chiu			
MUSIC					
	Beat Club	*Mr. Edgar Caole			
Music Society	Choir	*Ms. Lorraine Chow			
	Orchestra	*Ms. Lorraine Chow			

*Teacher Coordinator of ECA 2024 – 2025

Results of Inter-House Competition 2006 - 2017

	06-07	07-08	08-09	09-10	10-11	11-12	12-13	13-14	14-15	15-16	16-17
Champion	Blue	Red	Chambers	Chambers	Chambers	Morrison	Morrison	Morrison	Williams	Williams	Chambers
2 nd Place	Red	Blue	Williams	Williams	Williams	Chambers	Taylor	Williams	Chambers	Chambers	Williams
3 rd Place	Yellow	Purple	Taylor	Taylor	Morrison	Taylor	Chambers	Taylor	Taylor & Morrison	Morrison	Morrison

YMCA Cup (Overall Champion)

Individual Events

Year Event	06-07	07-08	08-09	09-10	10-11	11-12	12-13	13-14	14-15	15-16	16-17
Sports Day	Red	Blue	Chambers	Chambers	Williams	Morrison	Morrison	Morrison	Williams	Williams	Chambers
Sports Day Cheers & Chant										Williams	Taylor
Swimming Gala		Blue	Chambers	Williams	Chambers	Chambers	Chambers	Morrison	Chambers	Morrison	Morrison
Badminton	Yellow	Yellow	Taylor	Williams	Taylor	Taylor	Morrison	Williams	Taylor	Taylor	
Basketball	Blue		Chambers	Chambers	Morrison	Morrison	Morrison	Morrison	Taylor	Chambers	Taylor
Cheerleading	Blue	Red	Morrison	Chambers	Morrison	Taylor	Taylor	Williams	Morrison	Williams	Williams
Cooking		Red		Morrison	Morrison	Morrison	Morrison	Chambers	Chambers	Chambers	Williams
Dodge ball									Williams	Chambers	Morrison
English Debate							Chambers	Williams	Williams	Williams	Taylor & Chambers
F.1 Rope Skipping									Williams	Williams	Williams
F.1 Spelling Bee										Taylor	Taylor/ Chambers
Football	Yellow	Purple	Chambers	Williams	Williams	Morrison	Taylor	Williams	Williams	Chambers	Chambers
Girls Football										Williams	Taylor
Singing Contest					Williams	Morrison	Williams	Williams	Morrison	Williams	Williams
Table-tennis	Yellow	Blue	Chambers	Chambers	Williams	Taylor	Morrison	Taylor	Taylor	Morrison	Williams
Touch-rugby									Taylor	Chambers	Chambers
Volleyball					Chambers	Chambers	Chambers	Chambers	Taylor	Taylor	Morrison

My Activities

Results of Inter-House Competition 2017 - 2023

	17-18	18-19	19-20	20-21	21-22	22-23	23-24
Champion	Chambers	Taylor		Taylor	Chambers	Williams	Morrison
2 nd Place	Williams	Chambers		Morrison	Taylor	Morrison	Williams
3 rd Place	Morrison	Williams		Williams	Morrison	Chambers	Taylor

YMCA Cup (Overall Champion)

Individual Events

Year Event	17-18	18-19	19-20	20-21	21-22	22-23	23-24
Sports Day	Chambers	Williams				Morrison	Morrison
Sports Day Cheers & Chant	Williams	Morrison				Williams	Williams
Swimming Gala	Williams	Morrison				Williams	Morrison
Badminton	Williams		Morrison		Chambers	Morrison	Williams
Basketball	Taylor	Taylor		Taylor		Williams	Taylor
Junior Basketball					Williams		
Senior Basketball					Taylor		
Cheerleading	Williams	-	Williams			Williams	
Cooking	Chambers	Morrison				Chambers	Morrison
Dodgeball	Morrison & Chambers			Chambers & Morrison	Chambers		Morrison & Williams
Junior Dodgeball						Morrison	
Senior Dodgeball						Morrison	Morrison
Drama							Taylor
English Debate	Morrison & Williams	Chambers & Morrison				Chambers & Williams	
Rope Skipping	Taylor	-	Morrison	Morrison	Chambers	Williams	
F.1 Spelling Bee	Williams	Taylor	1	Taylor	Taylor	Williams	Chambers
Football	Chambers	Chambers			Taylor	Chambers	
Junior Football						Chambers	Morrison
Senior Football						Morrison	Williams
Girls Football	Taylor	Chambers					
Hockey					Williams	Morrison	
Mario Kart						Taylor	
Monkey Tail				Morrison & Chambers	Taylor		

My Activities

-	1		1	1			
Year Event	17-18	18-19	19-20	20-21	21-22	22-23	23-24
Mini-relay				Williams			
Paper Plane				Chambers			
Music Contest	Williams	Taylor				Williams	Taylor
Reading							Williams
Table Tennis		Chambers			Chambers	Morrison	Chambers
Touch-rugby	Morrison	Chambers					
Tug of War						Williams	
Tug of War (Girls)							Williams
Tug of War (Boys)							Taylor
UNO						Williams	Morrison
Volleyball	Chambers	Taylor	Taylor	Taylor	Morrison	Williams	Taylor
YMCA Online Quiz				Williams & Chambers			

My Learning

Internal Examinations

Conduct in Examination Venues

1. Examination Timetable

Students must come to school to take examinations according to the Examination Timetable.

2. School Uniform

Students must wear proper school uniform for all examinations. Students who do not wear the proper school uniform may not be allowed to enter the examination venue.

3. Punctuality

- (a) All students must be in school before <u>8:05 a.m.</u> on the days that they have an examination that starts at 8:30 a.m. Students should line up in the covered playground at 8:10 a.m. They will then be taken to the examination venue.
- (b) Students who have an examination starting after 8:30 a.m. should come to school and proceed directly to the examination venue <u>at least 15 minutes before</u> the examination start time.
- (c) No extra time will be given to students who are late.

4. Seating Arrangements

Students must sit according to the seating plan posted outside the examination venue. Students are advised to study the seating plan in advance.

5. Student ID Card

- (a) Students should bring their Student ID card to every examination and place it face up in the top right hand corner of the desk.
- (b) If a student forgets or loses her/his ID card, s/he should apply for a temporary Student ID card from the General Office before or immediately after the examination. Student will be charged for applying for more than one temporary student ID card.

6. Mobile Phones / Smart Watches

- (a) Students who bring a mobile phone and/or smart watch to an examination must switch it off before the examination starts and place it under their chair in a position clearly visible to the invigilators.
- (b) Students whose mobile phones or smart watches are not turned off may receive a mark penalty or be disqualified from the examination.
- (c) Any student who uses a mobile phone or smart watch in the examination venue or if their mobile phone rings during the examination will be subject to more serious consequences.

7. **During the Examination**

- (a) Students must remain absolutely silent in the examination venue for the entire duration of the examination.
- (b) Only necessary stationery should be put on the desk. All other personal belongings should be put in a bag and placed under the chair or in an area assigned by the invigilator. Non-transparent pencil cases should also be placed under the chair.
- (c) Students are not permitted to borrow stationery in the examination venue.
- (d) Students should raise their hands to notify the invigilators of any problem during an examination.
- (e) Students wishing to use the washroom should first obtain approval from an invigilator and will be accompanied by an invigilator/janitor.
- (f) Students are not permitted to leave before the end of an examination for any reason.
- (g) Any talking or non-verbal communication in the examination venue (without the invigilators' prior approval) or any suspected or actual cheating will be dealt with seriously.

8. Calculators

All calculators used must be pad-printed with the "HKEAA approved" label.

9. Absence or Sick Leave

If a student is sick and unable to attend an exam, s/he should inform the General Office by telephone (29888123) **before 8:00 a.m.** S/he should submit a medical certificate together with a parent's letter to her/his Class Teacher when s/he returns to school the next day. No 'make up' examinations will be arranged. (Students who are absent from any paper will receive "ABS" for that paper on the Semester Report. The reasons for the absence will be stated in the remarks.)

10. Lunch Arrangements

Students who have examinations in both the morning session and the afternoon session are **NOT** allowed to leave school during lunchtime.

11. Bad Weather Arrangements

If the Education Bureau announces the closure of secondary schools, examinations will be postponed. Any examinations affected will be rescheduled and students will be informed of the special arrangement when school resumes.

My Learning

Report Card Grading System

1. Standardized Grade Descriptors for Forms 1 – 3*

Descriptor	Standardized Descriptors for Forms 1 – 3	Grade	Range of Marks
Excellent	 Students demonstrate: Comprehensive knowledge and understanding of the curriculum Ability to apply concepts and skills effectively in diverse, complex and unfamiliar situations with insight 	A*	87 - 100
Very Good	 Ability to analyze, synthesize and evaluate information from a wide variety of sources Ability to communicate ideas and express views concisely and logically 	А	75 – 86
Good	 Students demonstrate: Good knowledge and understanding of the curriculum Ability to apply the concepts and skills effectively in unfamiliar situations with insight Ability to analyze, synthesize and evaluate information from a variety of sources Ability to communicate ideas and express views logically 	В	63 – 74
Satisfactory	 Students demonstrate: Adequate knowledge and understanding of the curriculum Ability to apply the concepts and skills appropriately in a variety of familiar situations Ability to analyze and interpret information from a variety of sources Ability to communicate ideas and express views appropriately 	С	50 - 62
Needs Improvement	 Students demonstrate: Basic knowledge and understanding of the curriculum Ability to apply the concepts and skills appropriately in familiar situations Ability to identify and interpret information from straightforward sources Ability to communicate simple ideas in a balanced way 	D	38 - 49
Poor	 Students demonstrate: Elementary knowledge and understanding of the curriculum Ability to apply the concepts and skills appropriately in familiar situations with support Ability to identify and interpret information from simple sources with guidance Ability to communicate simple ideas briefly 	E	≤ 37

*Except for Regular Chinese.

2. Standardized Grade Descriptors for Form 4 IGCSE-focused

Descriptor	Standardized Descriptors for Form 4 IGCSE	Gr	ade
Outstanding	Students demonstrate: Comprehensive knowledge and understanding of the curriculum	A*	9
Excellent	 Ability to apply concepts and skills effectively in diverse, complex and unfamiliar situations with insight Ability to analyze, synthesize and evaluate information 	А	8 7
Very Good	from a wide variety of sourcesAbility to communicate ideas and express views concisely and logically	В	6
	Students demonstrate: Good knowledge and understanding of the curriculum Ability to apply the concepts and skills effectively in		5
Good	unfamiliar situations with insight		4
Satisfactory	 Students demonstrate: Adequate knowledge and understanding of the curriculum Ability to apply the concepts and skills appropriately in a variety of familiar situations Ability to analyze and interpret information from a variety of sources Ability to communicate ideas and express views appropriately 	D	3
Needs Improvement	 Students demonstrate: Basic knowledge and understanding of the curriculum Ability to apply the concepts and skills appropriately in familiar situations Ability to identify and interpret information from straightforward sources Ability to communicate simple ideas in a balanced way 	Е	2
	Students demonstrate: Insufficient knowledge and understanding of the curriculum	F	
Poor	 Unable to apply the concepts and skills Unable to identify and interpret information from simple sources Unable to communicate simple ideas 		1
		G	
		U	U

Scan the QR code to see the grade boundaries for F.4 IGCSE-focused subjects



My Learning

3. Standardized Grade Descriptors for Form 5 – Form 6 GCE 'A' Level

Descriptor	Standardized Descriptors for Forms 5 – 6 GCE	Grade				
Outstanding	Students demonstrate: Comprehensive knowledge and understanding of the curriculum	A*				
Excellent	 Ability to apply concepts and skills effectively in diverse, complex and unfamiliar situations with insight Ability to analyze, synthesize and evaluate information from 					
Very Good	 a wide variety of sources Ability to communicate ideas and express views concisely and logically 	В				
Good	 Students demonstrate: Good knowledge and understanding of the curriculum Ability to apply the concepts and skills effectively in unfamiliar situations with insight Ability to analyze, synthesize and evaluate information from a variety of sources Ability to communicate ideas and express views logically 	С				
Satisfactory	 Students demonstrate: Adequate knowledge and understanding of the curriculum Ability to apply the concepts and skills appropriately in a variety of familiar situations Ability to analyze and interpret information from a variety of sources Ability to communicate ideas and express views appropriately 	D				
Needs Improvement	 Students demonstrate: Basic knowledge and understanding of the curriculum Ability to apply the concepts and skills appropriately in familiar situations Ability to identify and interpret information from straightforward sources Ability to communicate simple ideas in a balanced way 	Е				
Poor	 Students demonstrate: Insufficient knowledge and understanding of the curriculum Unable to apply the concepts and skills Unable to identify and interpret information from simple sources Unable to communicate simple ideas 	U				

Some subjects use different grade boundaries. Scan the QR code to see the grade boundaries for F.5 GCE & F.6 GCE subjects.



4. Standardized Level Descriptors for Form 4 – Form 6 HKDSE

Descriptor	Standardized Descriptors for Forms 4 – 6 DSE	Level	Range of Marks
Outstanding	Outstanding – Awarded to the highest achieving 10% (approx.) of L5 students Excellent – Awarded to the next highest achieving 30% (approx.) of L5 students Students demonstrate:	L5**	95 – 100
Excellent	 Comprehensive knowledge and understanding of the curriculum Ability to apply concepts and skills effectively in diverse, complex and unfamiliar situations with insight 	L5*	87 – 94
Very Good	 Ability to analyze, synthesize and evaluate information from a wide variety of sources Ability to communicate ideas and express views concisely and logically 	L5	75 – 86
Good	 Students demonstrate: Good knowledge and understanding of the curriculum Ability to apply the concepts and skills effectively in unfamiliar situations with insight Ability to analyze, synthesize and evaluate information from a variety of sources Ability to communicate ideas and express views logically 	L4	63 - 74
Satisfactory	 Students demonstrate: Adequate knowledge and understanding of the curriculum Ability to apply the concepts and skills appropriately in a variety of familiar situations Ability to analyze and interpret information from a variety of sources Ability to communicate ideas and express views appropriately 	L3	50 - 62
Needs Improvement	 Students demonstrate: Basic knowledge and understanding of the curriculum Ability to apply the concepts and skills appropriately in familiar situations Ability to identify and interpret information from straightforward sources Ability to communicate simple ideas in a balanced way 	L2	38 - 49

[continued on next page]

My Learning

Descriptor	Standardized Descriptors for Forms 4 – 6 DSE	Level	Range of Marks
Poor	 Students demonstrate: Elementary knowledge and understanding of the curriculum Ability to apply the concepts and skills appropriately in familiar situations with support Ability to identify and interpret information from simple sources with guidance Ability to communicate simple ideas briefly 	L1	20 – 37
	 Students demonstrate: Insufficient knowledge and understanding of the curriculum Unable to apply the concepts and skills Unable to identify and interpret information from simple sources Unable to communicate simple ideas 	U	≤ 19

Some subjects use different grade boundaries. Scan the QR code to see the grade boundaries for F.4 DSE – F.6 DSE subjects.



5. Effort Grade Descriptors

Descriptor	Effort Grade Descriptors	Grade
Outstanding	 The student works harder than expected all the time always completes assignments on time shows superior diligence and initiative in preparing assignments is always prepared for work does not fail any test based on effort always brings textbooks and relevant materials to class is always willing to work takes initiative in seeking extra help can provide useful feedback participates in class with enthusiasm and positive energy consistently behaves in a responsible and cooperative manner 	5
Good	The student generally works harder than expected generally completes assignments on time promptly makes up missing assignments consistently prepares for class consistently prepares for tests always brings textbooks and relevant materials to class consistently participates in class in a positive way is focused on the job to be done always behaves acceptably in class	4
Satisfactory	The student reaches minimum expectations completes assignments regularly with occasional lateness is occasionally inconsistent about making up missing work is usually prepared for class usually brings textbooks and relevant materials to class comes to extra help sessions when required may require encouragement to get going consistently participates in class, but is more of a passive than an active learner shows satisfactory, if undistinguished, attitude and behaviour effort does not stand out negatively or positively	3
Insufficient	The student does not reach expectations student often submits late or incomplete assignments shows little inclination to make up missing work rarely prepares for class fails several tests or quizzes based on effort rarely brings textbooks and relevant materials to class does not take advantage of extra help sessions is reluctant to start or finish work is immature in fulfilling responsibilities has negative energy in class / may distract others	2

[continued on next page]

My Learning

Descriptor	Effort Grade Descriptors	Grade
Unacceptable	 The student rarely if ever meets expectations student often submits assignments late or not at all never makes up missing work never prepares for class makes no effort for tests and quizzes never brings textbooks and relevant materials to class does not come to extra help or tutoring sessions exhibits disruptive classroom behaviour / has a negative effect on the class is likely to fail the course because of chronic neglect 	1

*An average effort grade of 3.5 is required for promotion.

6. Conduct Grade Descriptors

Descriptor	Over the course of the year the student may have demonstrated the following traits:	Grade	
Outstanding	Over the course of the semester, the student has embodied the school's five core values and demonstrated excellent conduct both in school and the community. The student has exemplified outstanding adherence to the school's expectations for attendance, punctuality and behaviour, and the school uniform has been consistently worn with pride and respect. The student is always respectful, organized and cooperative, and we encourage them to maintain these high standards in the future.	А	
Good	Over the course of the semester, the student has embodied the school's five core values and demonstrated good conduct both in school and the community. The student has exemplified good adherence to the school's expectations for attendance, punctuality and behaviour, and the school uniform has been consistently worn with pride and respect. The student is respectful, organized and cooperative, and we encourage them to continue to apply themselves to the school with dedication and enthusiasm.	В	
Satisfactory	Over the course of the semester, the student has mostly upheld the school's five core values and demonstrated satisfactory conduct both in school and in the community. The student has exemplified satisfactory adherence to the school's expectations for attendance, punctuality, and behaviour. In the future, we encourage them to apply themselves to improving their conduct to ensure that they are making a positive contribution to the school community.	С	
Needs Improvement	Over the course of the semester, the student has not consistently upheld the five core values of the school to the extent that is expected of them. We encourage them to seek to make improvements in their behaviour, conduct and application to school life, in order to make a more positive contribution to the school community.	D	
Unacceptable	Over the course of the semester, the student has not upheld the five core values of the school to the extent that is expected of them. The student has demonstrated unacceptable conduct, which is below the school's expectation and we hope to see a determined effort to improve in the future.	E	
	For further clarification of the conduct grade awarded, please contact the student's Head of Year		

My Learning

Hong Kong Diploma of Secondary Education (HKDSE) (For F.6 DSE) 2025 HKDSE Public Examination Timetable – Written Examinations (Tentative*)

* Subject to Hong Kong Examination and Assessment Authority updates For the most up-to-date information, visit the HKEAA website: <u>www.hkeaa.edu.hk</u>

Date	Subject	Component
Tuesday 1 st April, 2025	Visual Arts	Paper 1 & Paper 2
Wednesday 2 nd April, 2025	Chinese Language	Paper 1 & Paper 2
Thursday 3 rd April, 2025	English Language	Paper 1 & Paper 2
Saturday 5 th April, 2025	English Language	Paper 3
Monday 7 th April, 2025	Mathematics	Paper 1 & Paper 2
Tuesday 8 th April, 2025	Citizenship & Social Development	Paper 1 & Paper 2
Thursday 10 th April, 2025	Chemistry	Paper 1 & Paper 2
Saturday 12 th April, 2025	ICT	Paper 1 & Paper 2
Monday 14 th April, 2025	Biology	Paper 1 & Paper 2
Tuesday 15 th April, 2025	BAFS	Paper 1 & Paper 2
Wednesday 16 th April, 2025	Physics	Paper 1 & Paper 2
Wednesday 23 rd April, 2025	Literature in English#	Paper 1 & Paper 2
wednesday 25 April, 2025	Physical Education#	Paper 1 & Paper 2
Thursday 24 th April, 2025	Geography	Paper 1 & Paper 2
Friday 25 th April, 2025	THS	Paper 1 & Paper 2
Saturday 26 th April, 2025	History	Paper 1 & Paper 2
Monday 28 th April, 2025	Mathematics	Module 1 & Module 2
Tuesday 29 th April, 2025	Chinese History	Paper 1 & Paper 2
Wednesday 30 th April, 2025	Economics	Paper 1 & Paper 2
Friday 2 nd May, 2025	Physical Education#	Paper 1 & Paper 2

The examination dates will be finalized by HKEAA after the closing date of registration.

2025 HKDSE Public Examination Timetable – Speaking Examinations (Tentative*)

* Subject to Hong Kong Examination and Assessment Authority updates

For the most up-to-date information, visit the HKEAA website: www.hkeaa.edu.hk

Date	Subject	Component
Mid – Late March 2025	English Language	Paper 4

2025 HKDSE Public Examination Timetable – Practical Examination (Tentative*)

* Subject to Hong Kong Examination and Assessment Authority updates

For the most up-to-date information, visit the HKEAA website: www.hkeaa.edu.hk

Date	Subject	Component
Mid February – Late March 2025	Physical Education	Paper 3

2024 – 2025 HKDSE School-based Assessment (SBA) Deadlines

Date	Subject	Description
Friday 22 nd November, 2024	Chinese Language	Compulsory Module (10%)
Tuesday 10 th December, 2024	ICT	ICT Project (20%)
Tuesday 10 th December, 2024	Visual Arts	Personal Portfolio (50%)
Friday 3 rd January, 2025	English Literature	Portfolio (20%)

For English, the group interactions (Form 5 DSE) and individual presentations (Form 6 DSE) will be filmed during lessons. Students will be informed of the exact dates by subject teachers.

My Jearning

IGCSE (For F.4 IGCSE-focused)

2025 IGCSE Public Examination Timetable – Speaking Tests & Practical Examinations

* Examinations will be administered by the school. A letter to parents will be issued in September 2024 with more details.

Date	Subject (Syllabus)	Description (Weighting)		
Wednesday 19 th March, 2025	French (0520)	Paper 3 (25%)		
Thursday 20 th March, 2025	· ·	A 10-minute speaking test		
Wednesday 19 th March, 2025	Spanish (0530)	Paper 3 (25%)		
Thursday 20 th March, 2025	Spanish (0550)	A 10-minute speaking test		
Tuesday 18 th March, 2025		D 0 (059/)		
Wednesday 19th March, 2025	Mandarin Chinese (0547)	Paper 3 (25%) A 10-minute speaking test		
Thursday 20 th March, 2025	(0347)	A 10-minute speaking lest		
Monday 31 st March, 2025	English as a Second	Paper 3 (25%)		
	Language (0511)	A 10 – 15-minute speaking test		
Thursday 20 th March, 2025	Chinese as a Second	Component 3 (20%)		
Friday 21 st March, 2025	Language (0523)	A 10 – 13-minute speaking test		
Monday 14 th April, 2024	Art & Design (0400)	Component 2 (50%)		
Tuesday 15 th April, 2024	Art & Design (0400)	An 8-hour supervised test over 1½ days		

2025 IGCSE Coursework Deadlines

Date	Subject	Description		
Monday 13 th January, 2025	Art & Design Component 1: Coursework (50			
Monday 10 th March, 2025	Physical Education	Component 3: Practical Performance (30%)		
Monday 17 th March, 2025	Physical Education	Component 4: Personal Exercise Programme (10%)		

NB. The deadlines are staggered to enable students to manage their time more effectively (i.e. there are two weeks between each coursework deadline) and to provide teachers with sufficient time for marking and/or moderation before coursework tasks have to be sent to Cambridge/Edexcel.

My Learning

GCE AS/A Level (For F.5 DSE/GCE and F.6 GCE) 2025 GCE AS/A Level Public Examination Timetable

- Speaking Tests & Practical Examinations

* Examinations will be administered by the school. A letter to parents will be issued in September 2024 with more details.

AS LEVEL

Date	Subject (Syllabus)	Description (Weighting)		
Wednesday 16 th April, 2025	French Language (8028)	Component 1 (25%)		
wednesday 10 April, 2023	(Form 5 & Form 6 DSE)	A 20-minute speaking test		
Wednesday 16 th April, 2025	Spanish Language (8022)	Component 1 (25%)		
wednesday 10 April, 2023	(Form 5 & Form 6 DSE)	A 20-minute speaking test		

A LEVEL

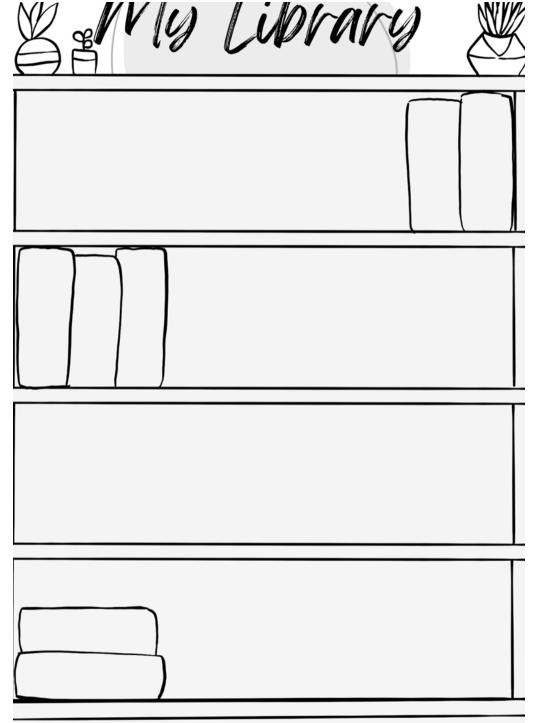
Date	Subject (Syllabus)	Description (Weighting)
Tuesday 15 th April, 2025	Chinese (9CN0)	Paper 3 (30%)
Wednesday 16 th April, 2025	(Form 6 GCE)	A 16 – 18-minute speaking test
Tuesday 15 th April, 2025	French (9FR0)	Paper 3 (30%)
Wednesday 16 th April, 2025	(Form 6 GCE)	A 16 – 18-minute speaking test

2025 GCE A Level Coursework Deadlines

Date	Subject	Description (A Level Weighting)		
Monday 17 th March, 2025	English Literature	Component 4: Coursework (20%)		
Monday 17 th March, 2025	Physical Education	Component 3: Practical Performance (15%)		
Monday 24 th March, 2025	Physical Education	Component 4: Performance Analysis and Performance Development Programme (15%)		
Monday 7 th April, 2025	Art & Design	Component 3: Personal Investigation (50%)		

NB. The deadlines are staggered to enable students to manage their time more effectively (i.e. there are two weeks between each coursework deadline) and to provide teachers with sufficient time for marking and/or moderation before coursework tasks have to be sent to Cambridge/Edexcel.

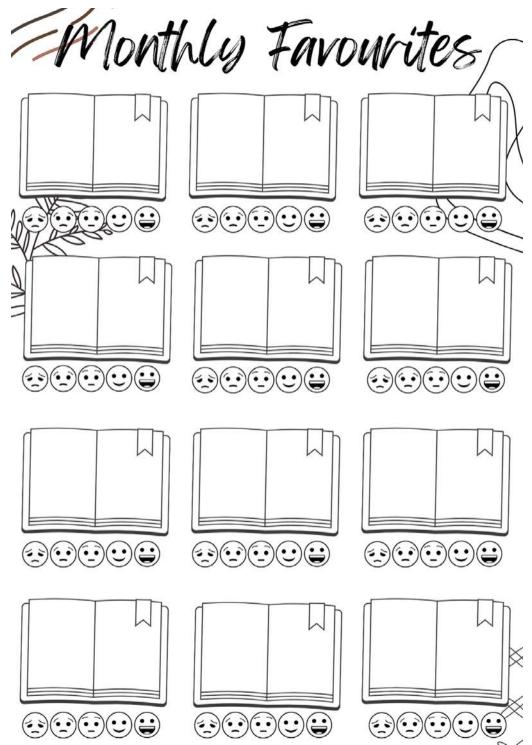
__ My Reading ____



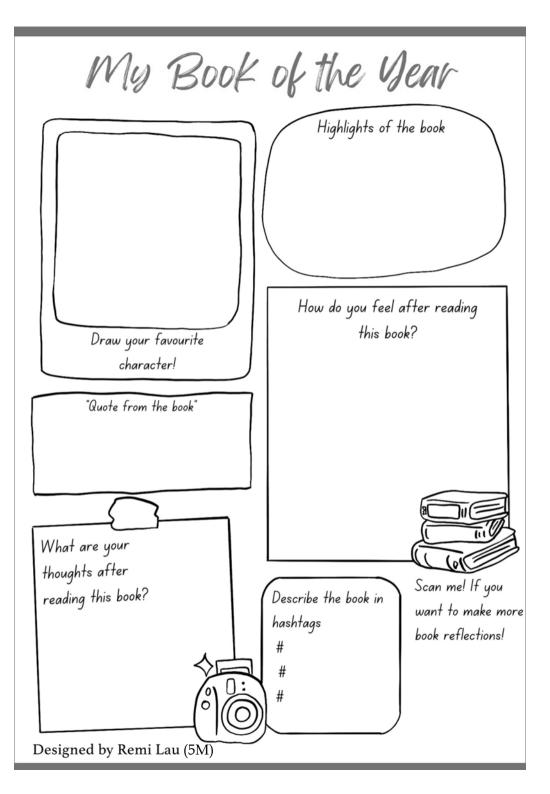
esigned by Dorothy Hsu (2C)

Reading Habit Tracker J J F м Δ М J A S 0 N D How long do you read 1 2 every day? Use this 3 tracker to track your 4 5 reading habits! 6 7 8 Colour the boxes according 9 to how long you've read 10 11 each day: 12 13 5-14 minutes 14 15 15-20 minutes 16 26-40 minutes 17 18 41-60 minutes 19 20 60+ minutes 21 22 23 24 25 Ø 26

Designed by Oichi Chakrabarty (5C)



Designed by Hazel Jung (21/







TIME	MONDAY	TUESDAY
8:10 - 8:35	Class Teacher Period	Student Briefing
8:40 - 9:35		& PSHE Lesson
9:40 - 10:35		
10:35 - 11:00	Re	Cess
11:00 - 11:55		
12:00 - 12:55		
12:55 - 1:50	lu	nch
1:50 - 2:45		
2:50 - 3:45		
3:50 - 3:55	Class	Teacher Period

WEDNESDAY THURSDAY FRIDAY Class Teacher Period Recess lunch Class Teacher Period

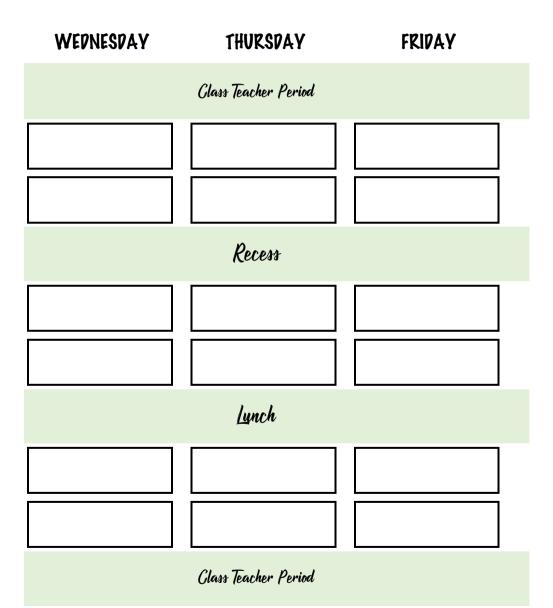
WEEK A

79



TIME	MONDAY	TUESDAY
8:10 - 8:35	Class Teacher Period	Student Briefing
8:40 - 9:35		& PSHE Lesson
9:40 - 10:35		
10:35 - 11:00	R	ecess
11:00 - 11:55		
12:00 - 12:55		
12:55 - 1:50	<u>/</u>	ınch
1:50 - 2:45		
2:50 - 3:45		
3:50 - 3:55	Class	Teacher Period

WEEK B



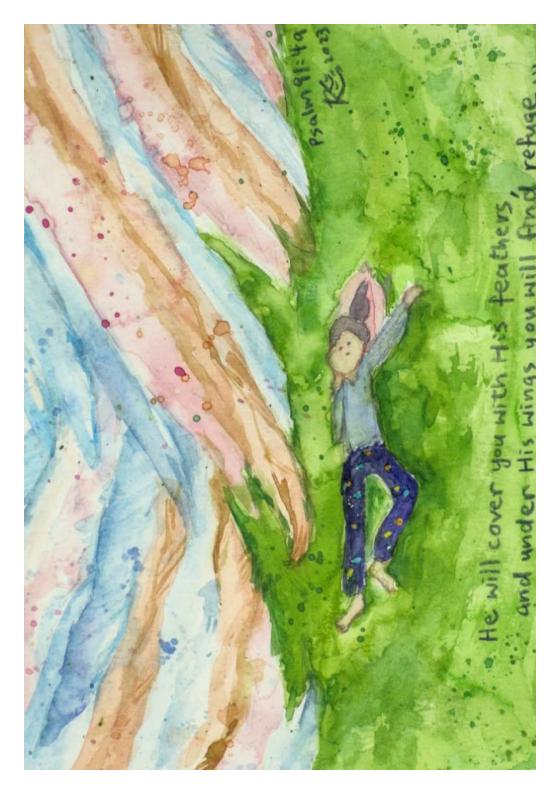
School Calendar 2024-2025

		W	eek	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Particulars			
		1	А	25	26	27	28	29	30	31	26/8 Semester I First Day of School and Photo Day (individual)	s		
		2	В	1	2	3	4	5	6	7	11/9 Graduation Photo-taking (F.6)	А		
	nber	3	А	8	9	10	11	12	13	14	12/9 Back to School Night (F.1) & PTA AGM 13/9 Staff Development Day (No school for students)			
	September	4	в	15	16	17	18	19	20	21	18/9 Holiday following the Mid-Autumn Festival	A		
	0,	5	А	22	23	24	25	26	27	28	1/10 National Day Holiday	S		
		6	в	29	30	1	2	3	4	5		А		
	er	7	А	6	7	8	9	10	11	12	11/10 Chung Yeung Festival Holiday	s		
	October	8	в	13	14	15	16	17	18	19	16 - 18/10 Life-wide Learning Camp (F.1 - F.3) ; Activity Days (F.4 - F.6)			
2023	Ū			20	21	22	23	24	25	26	21 - 25/10 Mid-term Break 30 & 31/10 Student-Teacher Conference (All Forms) (Special timetable in the morning)			
		9	А	27	28	29	30	31	1	2	1/11 (PM) Parent-Teacher Conference (F.2 - F.4) (Special timetable in the morning)	S		
	nber	10	В	3	4	5	6	7	8	9	2/п (AM) Parent-Teacher Conference (F.1, Ť.5 - F.6) 7 & 8/п Sports Day	А		
	November	11	А	10	11	12	13	14	15	16		S		
		12	В	17	18	19	20	21	22	23	21/11 Photo Day (Classes & ECAs)			
	December	13	А	24	25	26	27	28	29	30	6/12 Half-day school before International Fun Fair	S		
		14	В	1	2	3	4	5	6	7	7/12 Intérnational Fun Fair 9/12 Holiday after International Fun Fair			
	Decer	15	А	8	9	10	11	12	13	14	13/12 (AM) Christmas Party, Christmas Service & Parade	S		
				15	16	17	18	19	20	21	16/12 - 1/1 Christmas & New Year Holiday			
				22	23	24	25	26	27	28	3/1 HKDSE & GCE Information Evening (F.3 & F.4)			
	-	16	В	29	30	31	1	2	3	4	6 - 18/1 Mid-Year Examinations (F.3 & F.5 DSE) & Mock Examinations (F.6 DSE)			
	lanuary	17	А	5	6	7	8	9	10	11	8 - 18/1 Mid-Year Examinations (F.2)	S		
	эĮ	18	В	12	13	14	15	16	17	18		s		
24		19	А	19	20	21	22	23	24	25	24/1 Music Contest (Special timetable in the morning)	s		
2024				26	27	28	29	30	31	1	27/1 - 4/2 Chinese New Year Holiday	-		
	Ч	20	в	2	3	4	5	6	7	8	5/2 Start of Semester II 7/2 Blood Donation Day (For Senior Form students and all parents)			
	February	21	А	9	10	11	12	13	14	15	19/2 Make-up Day (Week B Friday timetable) 20/2 (PM) Parent-Teacher Conference (F 1 & F 5 DSE &	S		
	Fei	22	В	16	17	18	19	20	21	22	F.6 DSE) (Special timetable in the morning) 21/2 Last School Day (F.6 DSE) Make-up Day (Week B Wednesday timetable)	A		
		23	А	23	24	25	26	27	28	1	22/2 (AM) Parent-Teacher Conference (F.2 - F.3) 24/2 - 8/3 Mid-Year Examinations (F.4 DSE) & Mock Examinations (F.4 IGCSE, F.5 GCE & F.6 GCE)	s		
	Sc	hool	Event	:		Examii	nations	[ľ	Make-u		Day		

		W	eek	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Particulars		
		24	В	2	3	4	5	6	7	8		S	
	'ch	25	А	9	10	11	12	13	14	15		S	
	March	26	В	16	17	18	19	20	21	22		А	
		27	А	23	24	25	26	27	28	29	25/3 (PM) Parent-Teacher Conference (F.4, F.5 GCE, F.6 DSE & F.6 GCE) (Special timetable in the morning		
		28	в	30	31	1	2	3	4	5	4/4 Ching Ming Festival Holiday	А	
	'n	29	А	6	7	8	9	10	11	12	8/4 F.2 Options Evening (F.1 & F.2)		
	April	30	в	13	14	15	16	17	18	19	14 & 15/4 (PM) Student-Teacher Conference (F.1 – F.3, F.4 DSE & F.5 DSE)	А	
				20	21	22	23	24	25	26	(Special timetable in the morning) 18 - 24/4 Easter Holiday 25/4 Examination Preparation Day		
		31	А	27	28	29	30	1	2	3	30/4 Last School Day (F.6 GCE) Make-up Day (Week B Wednesday timetable)	А	
	ţ,	32	в	4	5	6	7	8	9	10	1/5 Labour Day Holiday 2/5 Start of Study Leave (F.4 IGCSE & F.5 GCE) 5/5 Buddha's Birthday Holiday	s	
	May	33	А	11	12	13	14	15	16	17	8/5 Swimming Gala (Tentative)	s	
		34	В	18	19	20	21	22	23	24		S	
24		35	А	25	26	27	28	29	30	31	28/5 - 13/6 Final Examinations (F.3, F.4 DSE & F.5 DSE) 31/5 Tuen Ng Festival Holiday	S	
2024		36	в	1	2	3	4	5	6	7	4 - 13/6 Final Examinations (F.1 - F.2)	S	
	June	37	А	8	9	10	11	12	13	14	14/6 Graduation Day	S	
		38	В	15	16	17	18	19	20	21	16 - 20/6 Exam Paper Review (F.1 - F.3, F.4 DSE & F.5 DSE)	S	
		39		22	23	24	25	26	27	28	23 - 27/6 Enrichment Week (F.1 - F.5) 1/7 HKSAR Establishment Day Holiday		
		40		29	30	1	2	3	4	5	2/7 Sports Night 3/7 Student-Teacher Conference (F.1 - F.5) ; College Night		
	July			6	7	8	9	10	11	12	4/7 Last Day of School & Thanksgiving Service 7/7 Start of Summer Holiday		
	Ju			13	14	15	16	17	18	19	16/7 HKDSE Results Release (Tentative)		
				20	21	22	23	24	25	26			
				27	28	29	30	31	1	2			
	t,			3	4	5	6	7	8	9			
	August			10	11	12	13	14	15	16			
	ľ	1	А	17	18	19	20	21	22	23			
		2	В	24	25	26	27	28	29	30	25/8/2025 First Day of School (School Year 2025 - 2026)		
	1	Assembly during Staff Meetings during Wednesday Period 6 for Form 2											

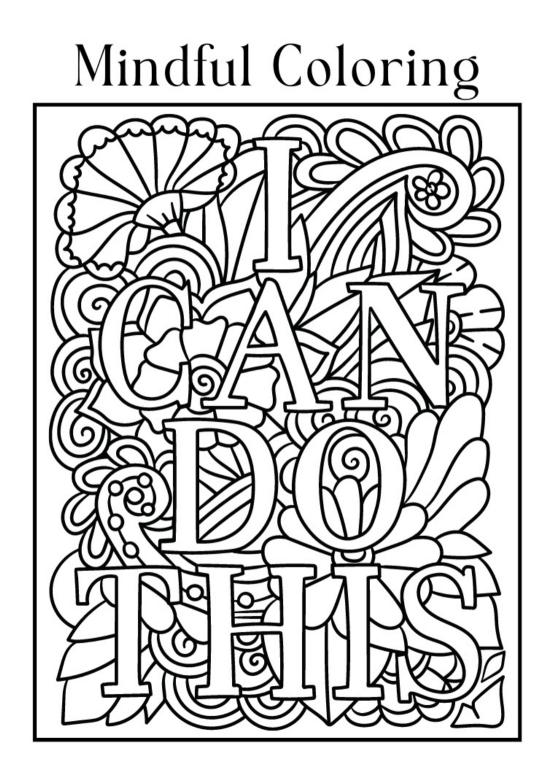
1 Public Holiday

A Assembly during Wednesday Period 6 S Staff Meetings during Wednesday Period 6 for Form 2 to Form 6 (School finishes at 2:55 p.m.)



•	•	•	•	•	•	•	•	•	•	•	•	•
	•	•			•	•	•	•	•	•		•
	•	•			•	•	•	•	•	•		•
•		•	•	•	•			•	•		•	•
•	•	•	•	•	•	•	•	•	•	•	•	•
•		•	•	•	•						•	•
•		•	•	•	•						•	•

•	•	•	•	•	•	•	•	•	•	•	•	
•		•	•	•		•					•	
•	•	•	•	•	•		•	•	•	•		•
			•	•		•					•	
			•	•		•					•	
				•								





PATIENT & PERSISTENT

I don't rush my ideas and work. I don't give up when it becomes challenging.

August & September

	Monday	Tuesday	Wednesday	Thursday
Week 1A	26/ Aug Start of Semester I / First Day of School (Half Day School) and Photo Day (Individual)	27	28	29
Week 2B	2	3	4	5
Week 3A	9	10	11 Photo-taking of Graduation Classes (F.6)	12 Back to School Night (F.1) & PTA AGM
Week 4B	16	17	18 Holiday following Mid-Autumn Festival	19
Week 5A	23	24	25	26

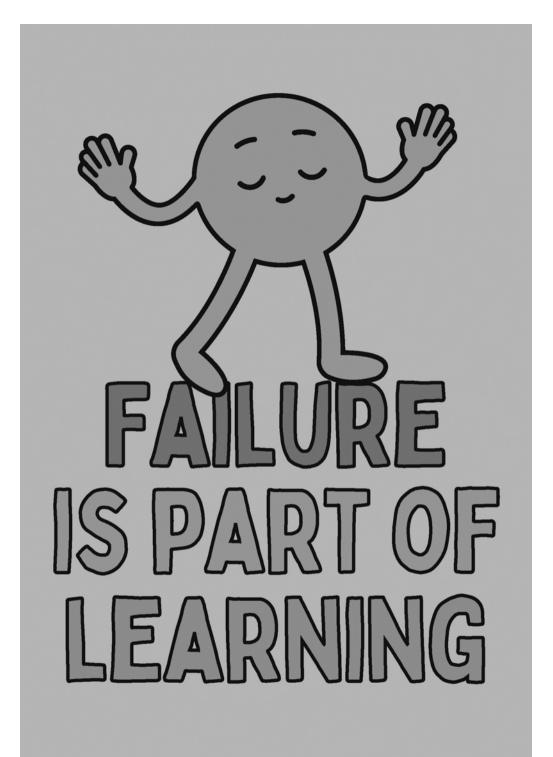
Friday	Saturday	Sunday	My Weekly Híghlíghts
30	31	1/ Sept	
6	7	8	
13 Staff Development Day (No school for students)	14	15	
20	21	22	
27	28	29	



•	•	•	•	•	•	•	•	•	•	•	•	·
	•	•	•	•				•	•	•	•	•
								•	•	•		
•	•			•								•
•	•			•								•
•			•	•	•	•	•	•	•	•		•
	•	•	•		•	•	•		•		•	•

•	•	•		•	•	•	•	•	•	•
•	•		•			•	•	•	•	
•	•		•		•	•	•	•	•	
			•			•		•		
			•			•				





— October —

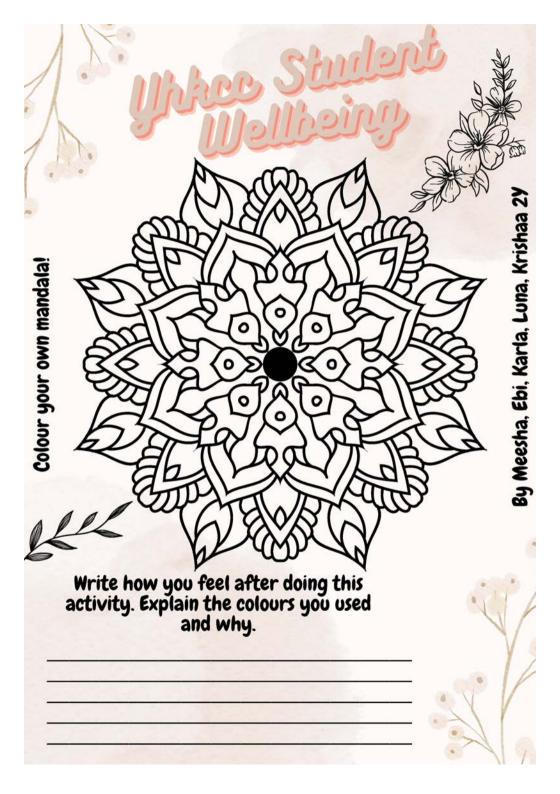
	Monday	Tuesday	Wednesday	Thursday
Week 6B	30/ Sep	1/ Oct National Day Holiday	2	3
Week 7A	7	8	9	10
Week 8B	14	15	16 Life-wide Learning Camp (F.1-F.3) / Activity Day (F.4-F.6)	17 Life-wide Learning Camp (E.1-E.3) /Activity Day (F.4-F.6)
	21 Mid-term Break	22 Mid-term Break	23	24 Mid-term Break
Week 9A	28	29	Mid-term Break 30 Student-Teacher Conference	31 Student-Teacher Conference
			(All Forms) (Special timetable in the morning)	(All Forms) (Special timetable in the morning)

Friday	Saturday	Sunday	My Weekly Híghlíghts
4	5	6	
11 Chung Yeung Festival Holiday	12	13	
18 Life-wide Learning Camp [F.1-F.3) / Activity Day (F.4-F.6)	19	20	
25 Mid-term Break	26	27	
1/ Nov	2	3	
Parent-Teacher Conference (F.2-F.4) (Special timetable in the morning)	Parent-Teacher Conference (F.1, F.5-F.6) (AM)		



•	•	•	•	•	•	•	•	•	•	•	•	·
	•	•	•	•				•	•	·	•	•
								•	•	•		
•	•			•								•
•	•			•								•
•			•	•	•	•	•	•	•	•		•
	•	•	•		•	•	•		•		•	•

•	•	•		•	•	•	•	•	•	•
•	•		•			•	•	•	•	
•	•		•		•	•	•	•	•	
			•			•		•		
			•			•				

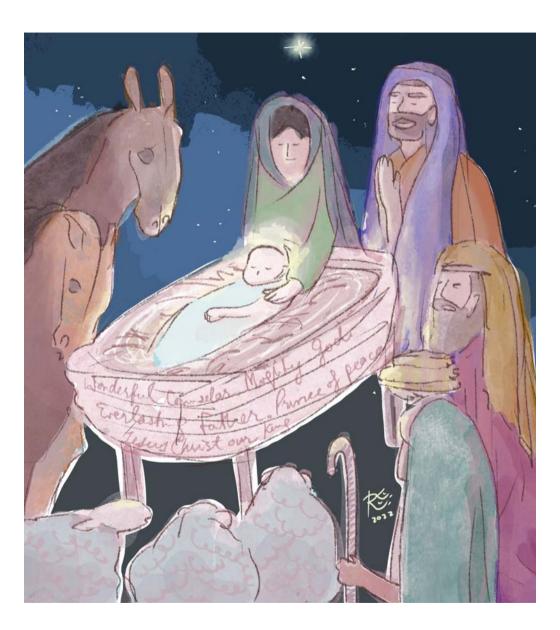




___ Movember ____

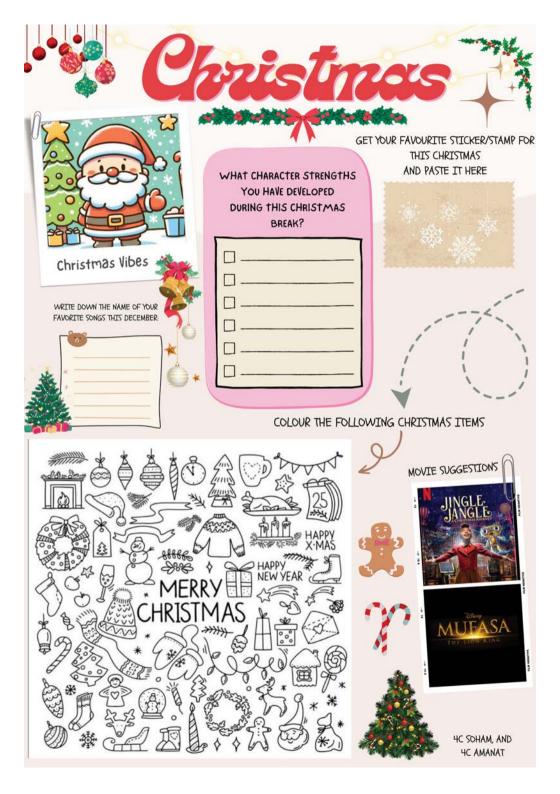
	Monday	Tuesday	Wednesday	Thursday
Week 10B	4/ Nov	5	6	7 Sports Day
Week 11A	11	12	13	14
Week 12B	18	19	20	21 Photo Day (Classes and ECAs)
Week 13A	25	26	27	28

Friday	Saturday	Sunday	My Weekly Híghlíghts
8	9	10	
Sports Day 15	16	17	
22	23	24	
29	30	1/ Dec	

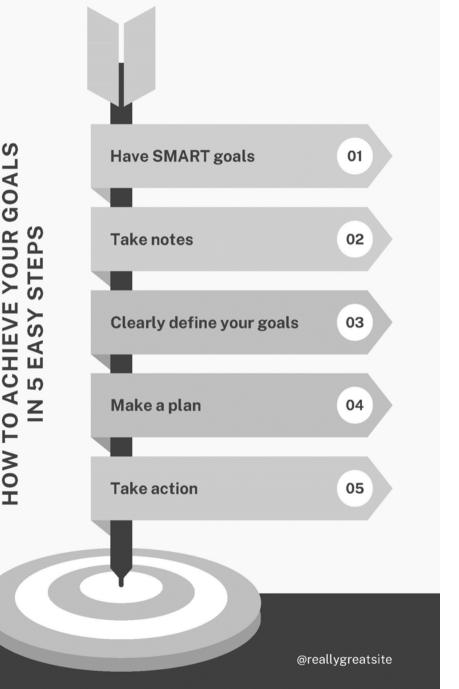


•	•	•	•	•	•	•	•	•	•	·	•	•
			•									
•	•	•	•	•	•		•	•	•	•	·	•
•			•		•		•		•	•	•	
•			•		•							•
•			•		•							•
•	•	•	•	•	•	•				•	•	•
	•	•	•	•	•	•	•	•	•			•

•	•	•		•	•	•	•	•	•	•
•	•		•			•	•	•	•	
•	•		•		•	•	•	•	•	
			•			•		•		
			•			•				



HOW TO ACHIEVE YOUR GOALS IN 5 EASY STEPS



— December —

	Monday	Tuesday	Wednesday	Thursday
Week 14B	2	3	4	5
Week 15A	9 Holiday after International	10	11	12
	Fun Fair 16	17	18	19
	Christmas & New Year Holiday 23	Christmas & New Year Holiday 24	Christmas & New Year Holiday 25	Christmas & New Year Holiday 26
Week 16B	Christmas & New Year Holiday 30	Christmas & New Year Holiday 31	Christmas & New Year Holiday 1 / Jan	Christmas & New Year Holiday 2
	Christmas & New Year Holiday	Christmas & New Year Holiday	Christmas & New Year Holiday	

Friday	Saturday	Sunday	My Weekly Highlights
6	7	8	ingnugnes
Half Day School before International Fun Fair	International Fun Fair		
13	14	15	
Christmas Party and Christmas Service & Parade			
20 Christmas & New Year Holiday	21 Christmas & New Year Holiday	22	
27 Christmas & New Year Holiday	28 Christmas & New Year Holiday	29	
3 HKDSE & GCE Information Evening (F3 & F4)	4	5	



•	•	•	•	•	•	•	•	•	•	•	•	·
												•
	•	•	•	•				•	•	•	•	•
								•	•	•		•
•	•			•					•			•
•	•			•					•			•
•			•	•	•	•	•	•	•	•		•
	•	•	•		•	•	•		•		•	•

•	•	•	•	•	•	•	•	•	•	•	•	
•		•	•	•		•					•	
•	•	•	•	•	•		•	•	•	•		•
			•	•		•					•	
			•	•		•					•	
				•								

WELLBEING ACTIVITIES

DEEP BŘEATHING

Techniques such as box breathing can help keep you calm down over stressful times. Before you go to sleep, do a couple rounds of box breathing and let your stress free.

STRETCH

When you are stressed, your muscles get tense, which will lead to muscle spasms. That's why it's good to stretch to not allow the muscles to get tense.



KEEP A JOURNAL

If you are stressed, it is good to spill out what's bothering your mind in a journal.



SPEND TIME WITH CLOSE FAMILY AND FRIENDS

If you are feeling lost, it is good to go to someone. Don't go through with this all on your own!



READING A BOOK

Sometimes reading a book can take your mind of the things that are stressing you.

COLOURING

Scan this QR code to go to a website with a lot of colouring templates!



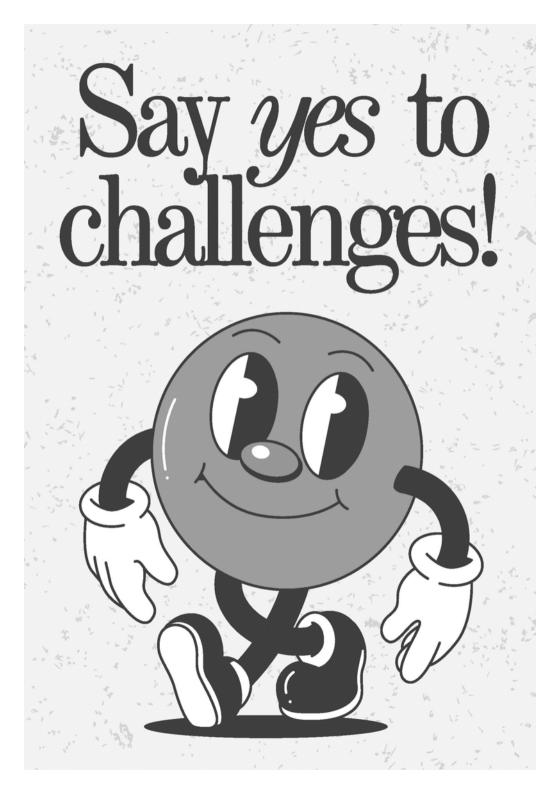
EXERCISE



Even though your mind is stressed and under pressure, it doesn't mean your body has to start to get weak!

MEDITATE

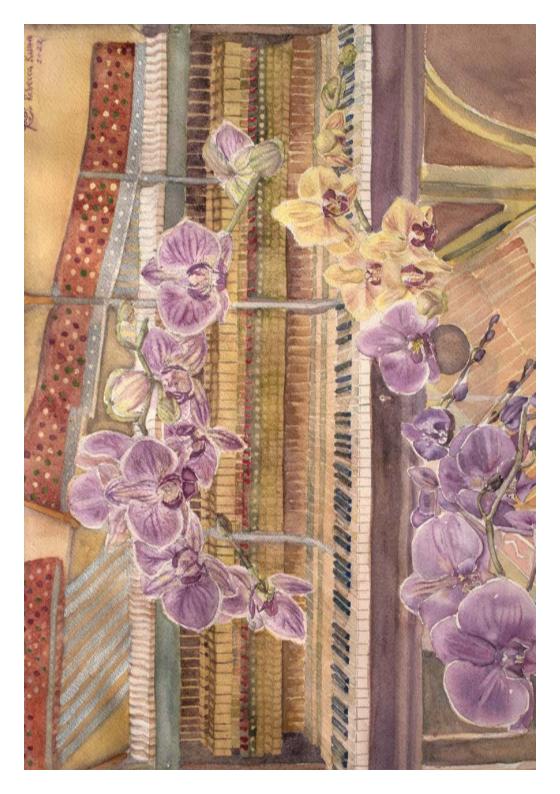
Meditation improves mental health by minimising stress, boosting self-awareness, and encouraging emotional well-being.



____Jonuory _

	Monday	Tuesday	Wednesday	Thursday
	6	7	8	9
Week 17A	Mid-year (F.3, F.4, F.5 DSE) & Mock Exams (F.6 DSE)	Mid-year (F.3, F.4, F.5 DSE) & Mock Exams (F.6 DSE)	Mid-year (F.1-F.3, F.4, F.5 DSE) & Mock Exams (F.6 DSE)	Mid-year (F.1-F.3, F.4, F.5 DSE) & Mock Exams (F.6 DSE)
	13	14	15	16
Week 18B	Mid-year (F.1-F.3, F.4, F.5 DSE)	Mid-year (F.1-F.3, F.4, F.5 DSE)	Mid-year (F.1-F.3, F.4, F.5 DSE)	Mid-year (F.1-F.3, F.4, F.5 DSE)
	& Mock Exams (F.6 DSE) 20	& Mock Exams (F.6 DSE) 21	& Mock Exams (F.6 DSE)	& Mock Exams (F.6 DSE)
Week 19A				
	27	28	29	30
	Chinese New Year Holiday	Chinese New Year Holiday	Chinese New Year Holiday	Chinese New Year Holiday

10 11 12 Mid-year (F.1-F.3, F.4, F.5 DSE) & Mock Exams (F.6 DSE) Mid-year (F.1-F.3, F.4, F.5 DSE) & Mock Exams (F.6 DSE) 17 18 19 Mid-year (F.1-F.3, F.4, F.5 DSE) & Mock Exams (F.6 DSE) Mid-year (F.1-F.3, F.4, F.5 DSE) & Mock Exams (F.6 DSE) 24 25 26 Music Context (Special timetable: in the morning) 1/ Feb 2	Friday	Saturday	Sunday	My Weekly Highlights
& Mock Exams (F.6 DSE) & Mock Exams (F.6 DSE) 17 18 19 Mid-year (F.1-F.3, F.4, F.5 DSE) Mid-year (F.1-F.3, F.4, F.5 DSE) & Mock Exams (F.6 DSE) Mid-year (F.1-E.3, F.4, F.5 DSE) 24 25 Music Contest (Special timetable in the morning)	10	11	12	
Mid-year (F.1-F.3, F.4, F.5 DSE) & Mock Exams (F.6 DSE) Mid-year (F.1-F.3, F.4, F.5 DSE) & Mock Exams (F.6 DSE) 24 25 26	& Mock Exams (F.6 DSE)	& Mock Exams (F.6 DSE)		
A Mock Exams (F.6 DSE) & Mock Exams (F.6 DSE) 24 25 26	17	18	19	
Music Contest (Special timetable in the morning)	Mid-year (F.1-F.3, F.4, F.5 DSE) & Mock Exams (F.6 DSE)			
31 1/ Feb 2	Music Contest (<mark>Special timetable</mark> in the morning)			
Chinese New Year Holiday Chinese New Year Holiday				

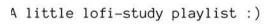


•	•	•	•	•	•	•	•	•	•	•	•	•
			•									
•	•	•	•	•	•		•	•	•	•	·	•
•			•				•		•	•	•	
•			•									•
•			•									•
•	•	•	•	•	•	•				•	•	•
	•	•	•	•			•	•	•	•		•

•	•	•	•	•	•	•	•	•	•	•	•	
•		•	•	•		•					•	
•	•	•	•	•	•		•	•	•	•		•
			•	•		•					•	
			•	•		•					•	
				•								

YHKCC student wellbeing

Wellbeing activities! –5A Rihanna



😂 •n[•]•1][h][[•][•

Totoro Crossword Puzzle

 E
 A
 R
 O
 B
 P
 I
 Y
 C
 M
 Y
 L
 S
 G
 F
 C
 A

 J
 G
 Y
 T
 Z
 X
 N
 I
 I
 Q
 H
 B
 O
 O
 D
 C
 S

 V
 S
 T
 R
 W
 E
 Y
 V
 D
 B
 O
 O
 C
 S

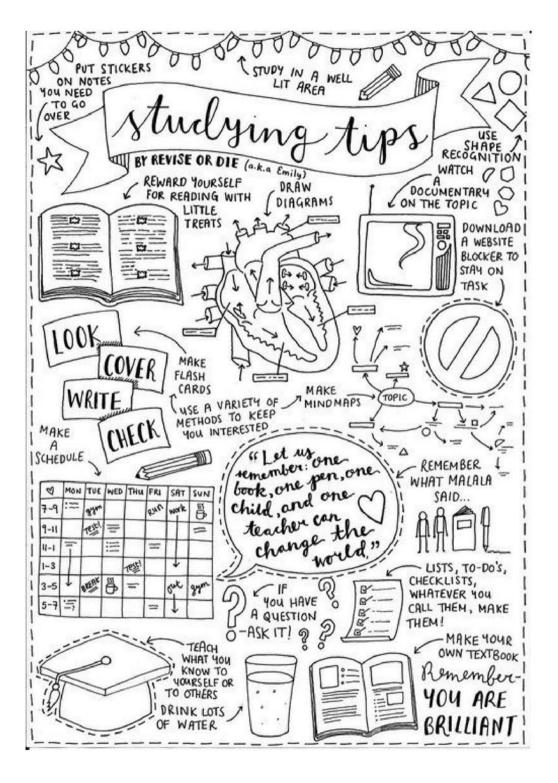
 T
 N
 J
 T
 C
 L
 Q
 K
 X
 A
 J
 E
 W
 U
 H
 H
 W
 W
 E
 T
 A
 T
 Y
 S
 W
 Z
 G
 C
 A
 T
 Z
 G
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D
 D</

-	rolest	Dicycle	nee	Soor Spine
2	Nanny	Satsuki	Mei	Lost
	Rain	School	House	Cat Bus
	Umbrella	Acorn	Totoro	



Play guitar with your keyboard!





— February

	Monday	Tuesday	Wednesday	Thursday
Week 20B	3	4	5	6
Week 21A	Chinese New Year Holiday 10	Chinese New Year Holiday 11	Start of Semester II 12	13
Week 22B	17	18	19 Make-up Day (Week B Friday <mark>t</mark> imetable)	20 Parent-Teacher Conference (F.1, F.5 DSE & F.6 DSE) (Special timetable in the morning)
Week 23A	24 Mock Exams (F.4, F.5 GCE & F.6 GCE)	25 Mock Exams (F.4, F.5 GCE & F.6 GCE)	26 Mock Exams (F.4, F.5 GCE & F.6 GCE)	27 Mock Exams (F.4, F.5 GCE & F.6 GCE)

Friday	Saturday	Sunday	My Weekly Híghlíghts
7 Blood Donation Day (For	8	9	
Senior Form <mark>s</mark> tudents and <mark>a</mark> ll <mark>p</mark> arents)			
14	15	16	
21 Last Day of School (F.6 DSE) Make-up Day (Week B Wednesday timetable)	22 Parent-Teacher Conference (F.2.F.4)	23	
28 Mock Exams (F.4, F.5 GCE & F.6 GCE)	1/ Mar Mock Exams (F4, F.5 GCE & F.6 GCE)	2	



•	•	•	•	•	•	•	•	•	•	•	•	•
•	•	•	•	•	•	•	•	•	•	•	•	
•	•	•	•	•	•	•	•	•	•		•	
•	•	•	•	•	•	•	•	•	•	•	•	•
•	•	•	•	•	•	•	•	•	•	•	•	•
							•	•				
	•	•	•				•	•	•		•	•
•		•	•	•	•		•					

•	•	•	•	•	•	•	•	•	•	•	•	
	•			•	•		•		•	•	•	•
	•					•				•	•	•
										•	•	•
						•						•

Wellbeing

Box breathing works by distracting your mind as you breathe, calming your nervous system, and decreasing stress in your body.

Box Breathing



0



Meditation is a practice that involves focusing or clearing your mind using a combination of mental and physical techniques.

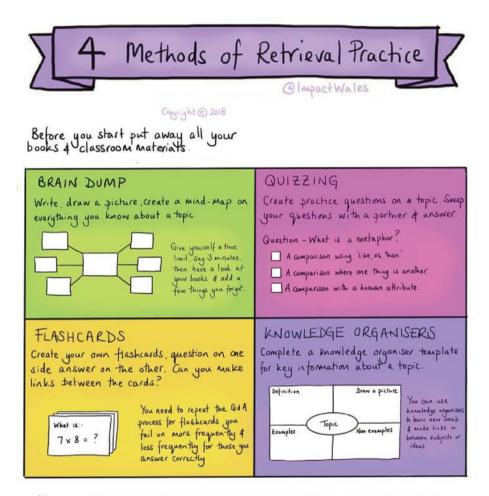


03 Listening to music Listening to music can activate the pleasure centers

in the brain, releasing dopamine and creating feelings of relaxation and happiness.

> By 3A (Siu Wan, Sarabjit, Ian, Harshbir

02

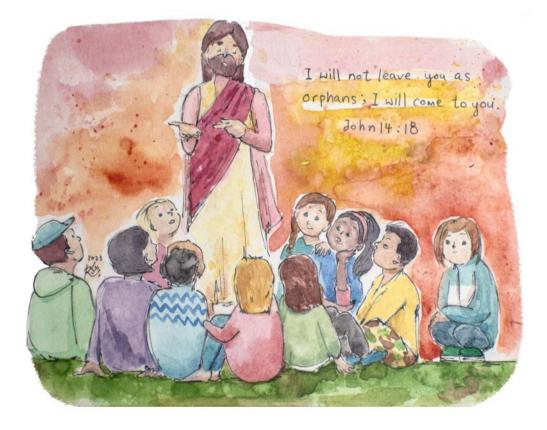


After you have retrieved as much as you can go back to your books of check what you've missed. Next time focus on that missing information

- Morch -

	Monday	Tuesday	Wednesday	Thursday
Week 24B	3	4	5	6
	Mock Exams (F.4, F.5 GCE & F.6 GCE)	Mock Exams (F.4, F.5 GCE & F.6 GCE)	Mock Exams (F.4, F.5 GCE & F.6 GCE)	Mock Exams (F.4, F.5 GCE & F.6 GCE)
Week 25A	10	11	12	13
Week 26B	17	18	19	20
Week 27A	24	25 Parent-Teacher Conference (F.4, F.5 GCE & F.6 GCE) (Special timetable in the morning)	26	27

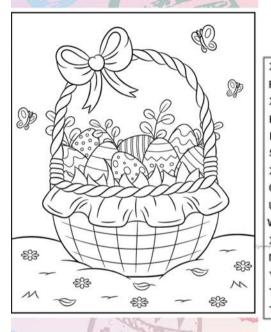
Friday	Saturday	Sunday	My Weekly Híghlíghts
7	8	9	
Mock Exams (F.4, F.5 GCE & F.6 GCE)	Mock Exams (F.4, F.5 GCE & F.6 GCE)		
14	15	16	
21	22	23	
28	29	30	



•	•	•	•	•	•	•	•	•	•	•	•	•
•	•				•	•				•	•	
•	•				•	•			•	•	•	
•		•	•	•		•	•	•	•	•	•	
•		•		•		•				•	•	

•	•	•	•	•	•	•	•	•	•	•	•	
•		•	•	•		•					•	
•	•	•	•	•	•		•	•	•			•
			•	•		•					•	
			•	•		•					•	
				•								

YHKCC wellbeing



Easter Day

R х .1 F F A N S s G x G 7 U N т S т D s K S C н C п Y I L F н

> DECORATE EASTER EGGS FLOWER HUNT JELLYBEANS PARADE

SPRING SUNDAY



3H Sukhmanpreet RoWen Jessica Benjamin Lee On

"Perfection may not be possible, but striving for excellence is."

FRANK SONNENBERG

April -

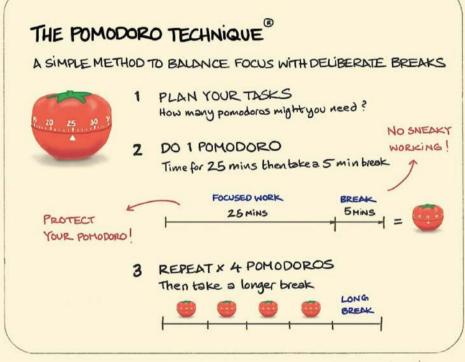
	Monday	Tuesday	Wednesday	Thursday
Week 286	31/ Mar	1 / Apr	2	3
Week 29A	7	8 F.2 Options Evening (F.1 & F.2)	9	10
Week 80B	14 Student-Teacher Conference (F.1-F.3, F.4 DSE & F.5 DSE) (Special timetable in the morning)	15 Student-Teacher Conference (F1-F3, F4 DSE & F5 DSE) (Special timetable in the morning)	16	17
	21 Easter Holiday	22 Easter Holiday	23	24 Easter Holiday
Week 31A	28	<i>29</i>	Easter Holiday 30 Last Day of School (F.6 GCE) Make-up Day (Week B Wednesday Timetable)	1/ May

Friday	Saturday	Sunday	My Weekly Híghlíghts
4 Ching Ming Festival Holiday	5	6	
11	12	13	
18	19	20	
Easter Holiday 25 Examination Preparation Day	Easter Holiday 26	Easter Holiday 27	
2 Tentative Start of Study Leave (F4 IGCSE & F.5 GCE)	3	4	



•	•	•	•	•	•	•	•	•	•	•	•	·
	•			•	•	•	•					•
•	•	•	•	•	•	•		•	•	•	•	•
				•	•	•	•	•	•	•	•	•
	•	•		•	•	•	•	•		•	•	•
•	•	•	•	•	•	•	•		•			

•	•	•		•	•	•	•	•	•	•	•
•	•	•	•	•						•	•
•	•	•	•	•	•		•	•			•
	•			•	•	•				•	•
•	•	•	•	•						•	•
	•			•						•	
				•							



CONCEIVED BY FRANCESCO CIRILLO

sketchplanations

MINDFULNESS COLOURING PAGE

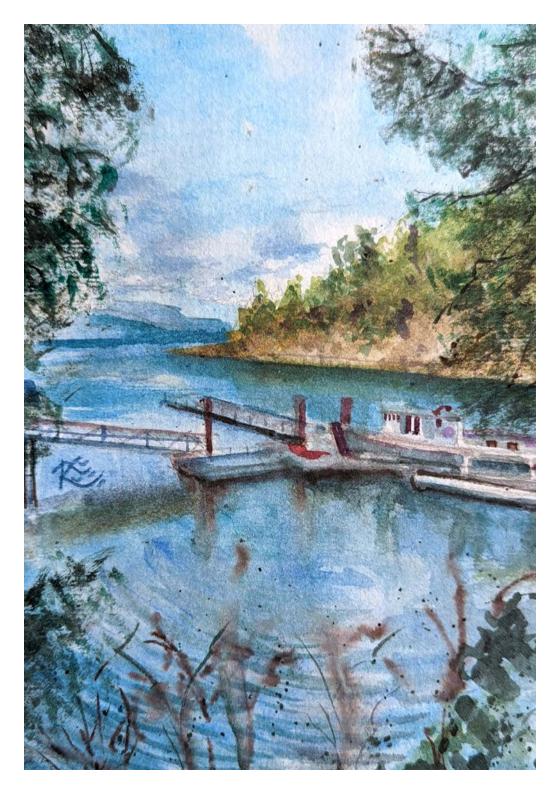


Coloring in a flower drawing can be a mindful activity because it encourages focused attention on the present moment. It promotes relaxation and reduces stress by engaging in a calming and repetitive task. Coloring requires concentration, allowing the mind to rest from other thoughts and worries. It stimulates creativity and self-expression as individuals choose colors and explore different combinations.

- May

	Monday	Tuesday	Wednesday	Thursday
Week 32B	5	6	7	8 Swimming Gala (Tentative)
Week 33A	Buddha's Birthday Holiday 12	13	14	15
Week 34B	19	20	21	22
Week 35A	26	27	28 Final Exams (F.3, F.4 DSE & F.5 DSE)	29 Final Exams (F.3, F.4 DSE & F.5 DSE)

Friday	Saturday	Sunday	My Weekly Híghlíghts
9	10	11	
16	17	18	
23	24	25	
30	31 / May	1/Jun	
Final Exams (F.3, F.4 DSE & F.5 DSE)	Tuen Ng Festival Holiday		



•	•	•	•	•	•	•	•	•	•	•	•	•
•	•	•	•	•	•	•	•	•	•	•	•	
•	•	•	•	•	•	•	•	•	•		•	
•	•	•	•	•	•	•	•	•	•	•	•	•
•	•	•	•	•	•	•	•	•	•	•	•	•
							•	•				
	•	•	•				•	•	•		•	•
•		•	•	•	•		•					

•	•	•	•	•	•	•	•	•	•	•	•	
•		•	•	•		•					•	•
•	•	•	•	•	•		•	•	•			•
			•	•		•					•	•
			•	•	•						•	
				•								

YHKCC STUDENT

(•)₁

Self-love is a practice of nurturing and valuing oneself. It includes accepting both strengths and weaknesses and prioritizing selfcare.

Practicing self-love can improve mental health by boosting self-esteem, self-confidence, and resilience in the face of challenges.



self care senses awareness present kind compassion feelings love accepting lifestyle well being value personal focused XHBAXCVAFOCUSED KCNCYOLWIZDWGHH IOOCXMIAPRMEIAS NHUEBPXRRBJLYHE DFGPJAGEENLLYXN XECTZSTNSCOBMDS NELIRSPEEOVEPZE NLANGIASNAEIEIS IGWOLSTTHNRNR PT ONAAANSANJRGSNY SGYSELFCAREXOVV QSVALUEWSBZINMC UMHNXRVYSUCBAXH YGZQQIMCFSAOLYU NBQLIFESTYLEIWY

Self-love involves

boundaries, saying no

and prioritizing

and well-being without guilt.

one's own needs

setting healthy

when necessary,

WORD SEARCH

043

Self-love includes practicing self-compassion and treating oneself with kindness and understanding during difficult times or when facing setbacks.

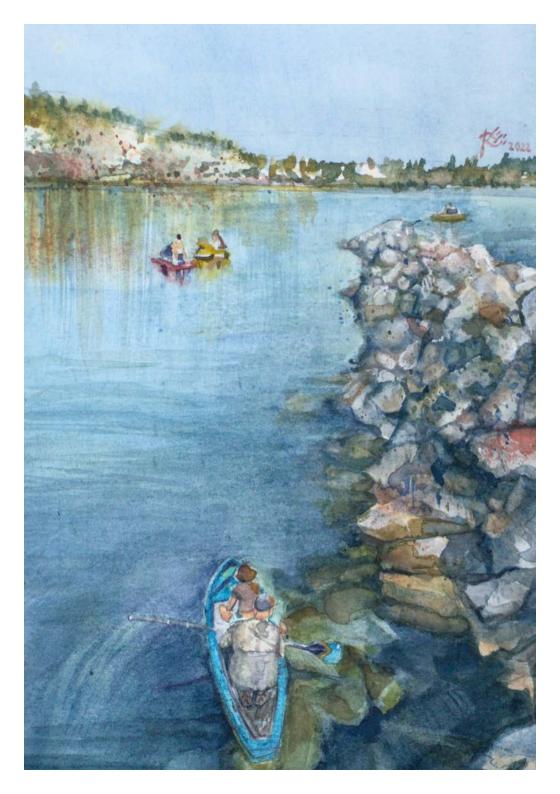
MARIELLA 17, KASHVI 21, ARYAN 01, HARUKA 06, 2K



— June

	Monday	Tuesday	Wednesday	Thursday
Week 36B	2	3	4	5
	Final Exams (F.3, F.4 DSE & F.5 DSE)	Final Exams (F.3, F.4 DSE & F.5 DSE)	Final Exams (F.1-F.3, F.4 DSE & F.5 DSE)	Final Exams (F.1-F.3, F.4 DSE & F.5 DSE)
Week 37A	9 Final Exams (F.1-F.3, F.4 DSE	10 Final Exams (F.1-F.3, F.4 DSE	11 Final Exams (F.1-F.3, F.4 DSE	12 Final Exams (F.1-F.3, F.4 DSE
Week 38B	& F.5 DSE) 16 Even Paper Pariau Week	& F.5 DSE) 17	& F.5 DSE) 18	& F.5 DSE) 19
Week 39	Exam Paper Review Week 23	Exam Paper Review Week 24	Exam Paper Review Week 25	Exam Paper Review Week 26
	Enrichment Week (F.1-F.5)	Enrichment Week (F.1-F.5)	Enrichment Week (F.1-F.5)	Enrichment Week (F.1-F.5)

Friday	Saturday	Sunday	My Weekly Híghlíghts
6	7	8	
Final Exams (F.1-F.3, F.4 DSE & F.5 DSE)	Final Exams (F.1-F.3, F.4 DSE & F.5 DSE)		
13 Final Exams (F.1-F.3, F.4 DSE &	14	15	
E.5 DSE) 20 Exam Paper Review Week	Graduation Day (F.6) 21	22	
27 Enrichment Week (F.1-F.5)	28	29	



GOD, I THANK YOU FOR

•	•	•	•	•	•	•	•	•	•	•	•	•
•	•	•		•	•	•			•	•	•	
				•								
											•	
•	•	•	•	•		•	•	•	•	•	•	
•	•		•	•		•				•	•	

GOD, I LOOK FORWARD TO

•	•	•		•	•	•	•	•	•	•
•	•		•			•	•	•	•	
•	•	•	•		•	•	•	•	•	
			•			•		•		
			•			•				

YHKCC Student Wellbeing

BREATHING EXERCISES

1.) 4 COUNT BREATHING

1. Take a slow, deep breath in through your nose. Count to four

- as you inhale, filling your lungs with air.
- Hold your breath for a count of four.
 Exhale slowly and completely through your mouth, counting to
 - four as you release the breath.
- Pause for a count of four before taking the next breath and repeat.

02

2.) 478 breathing style

inst

01

2

Breathe out for 3

03

Its scientifically proven that it relaxes the body

 Take a steady breath through your nose while counting for four seconds

- Hold in your breath for 7 seconds
- 3. Slowly release through your mouth until 8 seconds is up
 - Pause for 4 seconds or so and repeat the process

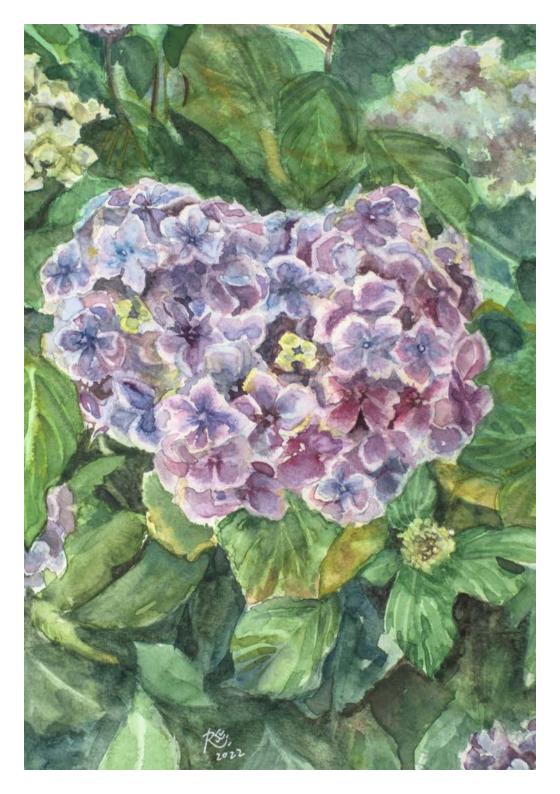
3.) Triangle Breathing

Triangle breathing exercise is a exercise where you breathe in for 3 seconds,hold your breathe for 3 seconds and then breath out for 3 seconds.



	_ July			
	Monday	Tuesday	Wednesday	Thursday
	30/ Jun	1/Jul	2	3
Week 40				
We				E1 Desistration Day
		HKSAR Establishment Day Holiday	Sports Night	F.1 Registration Day College Night
	7	8	9	10
	Summer Holiday	Summer Holiday	Summer Holiday	Summer Holiday
	14	15	16	17
	Summer Holiday	Summer Holiday	Summer Holiday HKDSE Result Release (F.6 DSE)	Summer Holiday
	21	22	23	24
	Summer Holiday	Summer Holiday	Summer Holiday	Summer Holiday
	28	29	30	31
	Summer Holiday	Summer Holiday	Summer Holiday	Summer Holiday

Friday	Saturday	Sunday	My Weekly Híghlíghts
4	5	6	
Last Day of School & Thanksgiving Service			
11	12	13	
Summer Holiday	Summer Holiday	Summer Holiday	
18	19	20	
Summer Holiday	Summer Holiday	Summer Holiday	
25	26	27	
Summer Holiday 1/ Aug	Summer Holiday	Summer Holiday 3	
Summer Holiday	Summer Holiday	Summer Holiday	

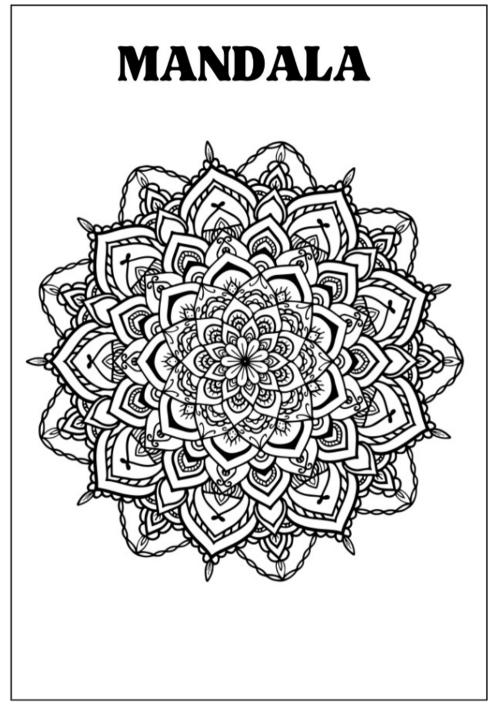


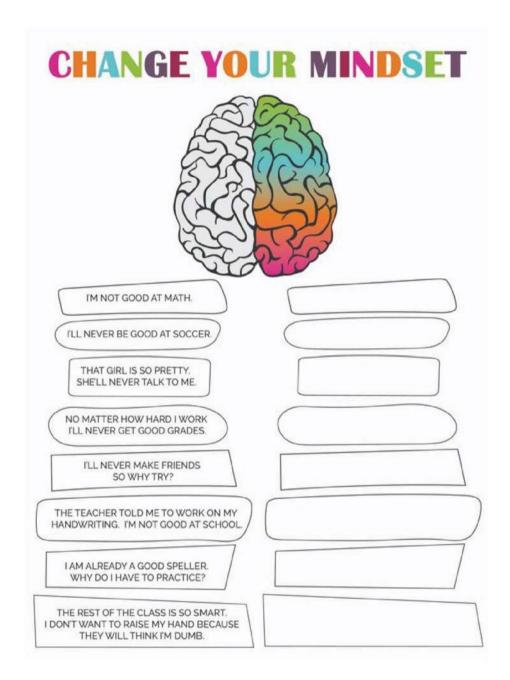
GOD, I THANK YOU FOR

•	•	•	•	•	•	•	•	•	•	•	•	·
	•	•	•	•				•	•	•	•	•
								•	•	•		
•	•			•								•
•	•			•								•
•			•	•	•	•	•	•	•	•		•
	•	•	•		•	•	•		•		•	•

GOD, I LOOK FORWARD TO

•	•	•	•	•	•	•	•	•	•	•	•	•
		•			•			•	•	•	•	
		•			•			•	•	•	•	
			•		•						•	
			•		•						•	





August



Friday	Saturday	Sunday	My Weekly Híghlíghts
8	9	10	
Summer Holiday	Summer Holiday	Summer Holiday	
15	16	17	
Summer Holiday 22	Summer Holiday 23 Summer Holiday	Summer Holiday 24 Summer Holiday	
Summer Holiday 29	30	31	

Special thanks to Rebecca Kwan, our alumnus from the Class of 2009, for kindly allowing the school to use her beautiful artwork for the monthly spiritual pages.

www.yhkcc.edu.hk